



The News

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Better local transport

From Monday 28 August

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First female Mayor

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Local School News

'Wine Country' & Hunter excel at 2017 Industry Awards



THE 2017 most sort after Restaurants & Catering Industry Association Australia (R&CA) awards have been announced with the Hunter & Wine Country gaining ample recognition. The Major Award for 'Restaurant of the Year' in Regional NSW went to Esca at Bimbadgen in Pokolbin. Esca was also awarded the best restaurant in a winery. Circa 1876, located next to Peppertree Wines, took the title for the best fine dining restaurant in regional NSW with newcomer Locavore Dining - The Sebel Kirkton Park, Pokolbin being awarded best new restaurant.

WINNERS LIST
NSW REGIONAL RESTAURANT AWARDS

ASIAN RESTAURANT
Sponsored by Crave app, by Crave New Media WINNER - Nagisa Japanese Restaurant, NEWCASTLE

BEER CAFÉ/WINE BAR
Sponsored by Specialist Energy Management HONOURABLE MENTION - Grain Store, NEWCASTLE

CAFÉ DINING
Sponsored by AlSCO WINNER - Awaba House Restaurant & Café, BOORAGUL

FINE DINING RESTAURANT
Sponsored by Sanpellegrino WINNER - Circa 1876, POKOLBIN

NEW RESTAURANT
Sponsored by H&L Australia WINNER - Locavore Dining - The Sebel Kirkton Park, POKOLBIN

RESTAURANT IN A WINERY

Sponsored by BookBook WINNER - Esca at Bimbadgen, POKOLBIN

STEAK RESTAURANT
Sponsored by Taylors Wines WINNER - The Cottage, SCONE

FUNCTION / CONVENTION CENTRE CATERER
Sponsored by Arthur J Gallagher WINNER - Crowne Plaza Hunter Valley, LOVEDALE

RESTAURANT CATERER
Sponsored by Deliveroo HONOURABLE MENTION - Circa 1876, POKOLBIN

MAJOR AWARDS

CAFÉ OF THE YEAR
REGIONAL NSW WINNER - Awaba House Restaurant & Café, BOORAGUL

RESTAURANT OF THE YEAR
Sponsored by Hostplus REGIONAL NSW WINNER - Esca at Bimbadgen, POKOLBIN

☒ Photo above: 'Restaurant of the Year' in Regional NSW; Esca at Bimbadgen.

BRANXTON & VINEYARDS REAL ESTATE
P: 4938 3300

FERNHILL ROAD, DALWOOD

AUCTION

Saturday 14 October 2017
10am
"On-Site"

14.7HA Vacant land on Fernhill Road, Dalwood NSW 2335
Sec A Lots 12 & 19.



Cessnock City Council Statutory Notices

Phone during working hours 4993 4100
 After Hours Emergency 4940 7816

Address all communications to:- The General Manager,
 PO Box 152, Cessnock 2325 NSW

LABOUR DAY LONG WEEKEND PUBLIC HOLIDAY ARRANGEMENTS

The following arrangements will apply for the Labour Day Long Weekend Public Holiday on Monday 2 October 2017:

Cessnock City Council Administration Building
 Cessnock & Kurri Kurri Libraries
 Cessnock Performing Arts Centre

Cessnock Waste & Re-use Centre
 Greta Transfer Station
 Waste Collection
 Recycling & Green Waste Collection
 Kurri Kurri Aquatic Centre
 Hunter Valley Visitors Centre
 Ranger Services

CLOSED
CLOSED
BOX OFFICE CLOSED
On-line Ticket Sales as normal
OPEN AS NORMAL (8:45am-4:30pm)
OPEN AS NORMAL (2:00pm-5:00pm)
SERVICES AS NORMAL
SERVICES AS NORMAL
OPEN 10.00am to 4.00pm
OPEN AS NORMAL

A Council Ranger will be on-call for the Long weekend period, normal services will return on Tuesday 3 October 2017. In an Emergency please call the Police.

(EMERGENCY PHONE NO. 4993 4100)

PUBLIC EXHIBITION MILLER PARK, MOUNT VIEW PARK & TURNER PARK MASTERPLANS

At its meeting of 6 September 2017, Council resolved to place on Public Exhibition the Draft Miller Park, Mount View Park & Turner Park Masterplans.

The Public Exhibition period will be from Monday 11 September 2017 to Friday 13 October 2017. The documents can be viewed at the following locations:

Council's Administration Building (Customer Service Section);

Cessnock Public Library;

Kurri Kurri Public Library;

Council's website at www.cessnock.nsw.gov.au

Written submissions should be addressed to the General Manager and will be accepted up

until **4.00 pm Friday 13 October 2017** via email recreation@cessnock.nsw.gov.au or post.

A warm welcome to our newest Australian citizens



Cessnock City Council welcomed four new Australian citizens at an intimate ceremony held in the Council Chambers last Friday 15 September.

Our newest citizens came from countries including India, Britain, Nigeria and the United Kingdom.

Cessnock City Mayor, Councillor Bob Pynsent said this ceremony was particularly special as Sunday 17 September was Australian Citizenship Day.

"Australian Citizenship Day recognises contributions of the many inspiring citizens in our ever-growing community and it was great to be part of Friday's ceremony as we welcomed four more."

"Citizenship ceremonies are always a special experience, especially for the families involved and this one was no different."

"Once again, the Town Crier Stephen Clarke did a wonderful job as the usher of the ceremony and performing the unique Aussie Barbeque song which always gets a good laugh," added Cr Pynsent.

You can register your interest in becoming an Australian Citizen by contacting Council on 4993 4100.

Photo above: Cessnock Mayor Bob Pynsent with new citizens

PUBLIC EXHIBITION BRIDGES HILL PARK PLAYGROUND CONCEPT DESIGN

At its meeting of 6 September 2017, Council resolved to place on Public Exhibition the Bridges Hill Park Playground Concept Design.

The Public Exhibition period will be from Monday 11 September 2017 to Friday 13 October 2017. The documents can be viewed at the following locations:

Council's Administration Building (Customer Service Section);

Cessnock Public Library;

Kurri Kurri Public Library;

Council's website at www.cessnock.nsw.gov.au

Written submissions should be addressed to the General Manager and will be accepted up until **4.00 pm Friday 13 October 2017** via email recreation@cessnock.nsw.gov.au or post.

PUBLIC EXHIBITION GENERIC PLANS OF MANAGEMENT

At its meeting of 20 September 2017, Council resolved to place on Public Exhibition the Draft Generic Plan of Management for General Community Use and General Community Use – Drainage.

The Public Exhibition period will be from Monday 25 September 2017 to Friday 27 October 2017. The documents can be viewed at the following locations:

Council's Administration Building (Customer Service Section);

Cessnock Public Library;

Kurri Kurri Public Library;

Branxton Post Office;

Council's website at www.cessnock.nsw.gov.au

Written submissions should be addressed to the General Manager and will be accepted up until **4.00 pm Friday 27 October 2017** via email recreation@cessnock.nsw.gov.au or post.

PO BOX 152
 CESSNOCK 2325

STEPHEN GLEN
 GENERAL MANAGER



LOCATION

Dalwood Road, East Branxton from Wyndham Street intersection to the westerly limit of the road, adjacent to Lion's Park.

THE WORKS

Construction of drainage infrastructure and re-alignment of road to provide improved parking facilities and traffic movement.

FUNDING

This project is funded by Roads to Recovery (R2R).

DESIGN

The design provides:

- Road re-alignment with addition of a turning head
- Increased vehicular parking and drop-off zones
- Drainage upgrades
- Pedestrian facilities and vehicle separation
- Increased storage for buses on Wyndham Street

The design provides improved safety for both vehicle users and pedestrians. Rear to kerb parking will be formalised and the total number of parking spaces will increase. Allowance will be made for drop off or 'Kiss and Ride'.

Stormwater infrastructure will be improved at the site. Stormwater that currently discharges in front of No. 8 Dalwood Road will be

diverted via pipe into the swale drain running adjacent to Maitland Road.

CONSTRUCTION

Construction works commence July 2017 and require significant traffic control measures to be implemented on Dalwood Road. Works are programmed to be completed in September 2017.

DISRUPTIONS

Dalwood Road west of the Wyndham Street intersection will be closed periodically during construction as required and will not be available as a drop-off or pick-up point. Council will work with residents directly affected by the closure to provide access to their properties.

During this construction period, drop-off and pick-up for school bus passengers should occur at Miller Park soccer fields, on the southern side of Maitland Road so that pedestrians can use the signalled crossing to access the bus stop.

Works are programmed to commence on the first week of July, 2017, during school holidays to minimise impacts.

Up to date project information will be available on CCC's webpage www.cessnock.nsw.gov.au/works, and on roadside electronic signs during construction.

Photos below taken Friday 22nd September 2017. Photos provided by Annemaree Winter



Singleton looking for a better outcome after applying for \$12.87m in latest Resources for Regions funding

Singleton Council General Manager Jason Linnane and Mayor of Singleton, Cr Sue Moore, are looking for a more successful outcome from the latest Resources for Regions funding to continue the upgrade of the Singleton Town Centre. Further upgrades to the Town Centre and a community exhibition space with a combined price tag of just 4 per cent of the mining royalties that come from Singleton each year are the focus of Singleton Council's Expressions of Interest in the latest round of the State Government's Resources for Regions program.



Singleton Council General Manager Jason Linnane and Mayor of Singleton, Cr Sue Moore

Mayor of Singleton, Cr Sue Moore, said Council had applied for a total of \$12.87 million – including \$4.62 million for an exhibition space at Townhead Park and \$8.25 million for the continuation of the Town Centre Revitalisation Project – which equated to about 4 per cent of the \$498,285,667 paid to the State Government in mining royalties from Singleton each year. Council received just half of the \$7 million it requested in the previous round to deliver the second stage of the Singleton Town Centre upgrade.

Cr Moore said she was looking for Singleton to be more successful this time around, particularly following representations to the State Government about Council's concerns with the allocation of funds under the program. "We were disappointed to receive only \$3.5 million in the previous round of Resources for Regions, which meant that although we were halfway to delivering the second stage of the Town Centre for our community, we were still halfway short," she said.

"Council raised concerns about our allocation in writing, as well as in discussions with the Deputy Premier, the Minister for Infrastructure, the Minister for Resources and Energy and Member for Upper Hunter Michael Johnsen. "The Resources for Regions program was established to support communities impacted by coal mining, and as the biggest contributor of mining royalties to the NSW annual budget, I'd expect Singleton to be given due consideration.

"There are 17 coal mines operating within our local government area producing about 57 million tonnes of coal each year with a gross regional product of \$3.712 billion.

"If the heavy vehicles and machinery, environmental considerations and social implications that come with that doesn't demonstrate a significant impact on our local infrastructure and the people of Singleton, then I don't know what does.

"We don't believe we're asking for a lot in this latest round of the Resources for Region program, particularly in comparison to the contribution from our area to the benefit of NSW.

"But \$12.87 million will deliver projects that will make a significant difference to the people who live and work in Singleton, and contribute to a creative, vibrant, economically diverse and healthy community."

Better transport connection welcomed

New express bus route 180X Singleton to Maitland

From Monday 28 August

New express bus 180X will operate on a trial basis between Singleton and Maitland train stations. The route will run via Branston, Greta and Lochewar.

| Singleton to Maitland | | | Maitland to Singleton | | |
|-------------------------------|------------------------------|--------------------------------|--------------------------------|------------------------------|-------------------------------|
| Bus departs Singleton Station | Bus arrives Maitland Station | Train departs Maitland Station | Train arrives Maitland Station | Bus departs Maitland Station | Bus arrives Singleton Station |
| Monday to Friday | | | | | |
| 07:37 | 09:30 | 08:40 | 09:47 | 08:55 | 09:47 |
| 12:07 | 14:00 | 14:13 | 14:01 | 14:30 | 15:02 |
| Saturday and Sunday | | | | | |
| 09:47 | 10:40 | 10:48 | 10:38 | 10:48 | 11:40 |
| 14:46 | 15:39 | 15:48 | 15:37 | 15:47 | 16:39 |

Campaign for two additional daily passenger rail services from Newcastle to Singleton

The recent announcement of two new daily bus services connecting Singleton to Hunter Line trains at Maitland has been welcomed by the Two More Trains for Singleton group.

"The trial of buses to link with trains in Maitland will help the Singleton and Upper Hunter community, but is only a first step in providing adequate public transport in the area" says Martin Fallding from Two More Trains for Singleton.

"With current weekend train services to Maitland virtually non-existent, the two additional daily weekend services connecting to Maitland will be very

beneficial".

"The bus services should only be an interim arrangement until agreement can be secured between Transport for NSW and the Australian Rail Track Corporation (ARTC) to provide additional passenger train services on the Hunter Line" says Two More Trains for Singleton.

"A recent community survey undertaken by the group showed overwhelmingly that bus services are a poor second compared with more train services" says Martin Fallding.

The recent public transport options survey undertaken by Two More Trains for Singleton with Singleton Council assistance showed around 90% of people prefer trains to buses.

"Bus services are not favoured when compared with trains as the journey time is too long, buses are unreliable, more uncomfortable and difficult to access", says the group. "Travel mode changes are inconvenient, especially for elderly passengers, those with luggage, and families with young children".

"The combined bus/train journey to Hamilton via Maitland of over 1hr 30 minutes takes more than 50% longer than a train journey, is more

inconvenient than a train, and will discourage passengers" says Martin Fallding.

"The inconvenience of the new bus services means they are unlikely to be an indicator of the real demand for more frequent passenger train services." says Martin Fallding.

"Although is pleasing that the NSW Government is aware of Singleton's need for more frequent train services, the train and bus option survey results clearly demonstrate that passenger needs are unlikely to be met by the proposed buses", says Martin Fallding.

Two More Trains for Singleton looks forward to working with the NSW Government and Transport for NSW to improve Hunter Line services in the 2018 timetable review, especially connections to Sydney train services, and reducing trackwork disruption.

"Additional passenger train services as proposed to the NSW Government in submissions by 'Two More Trains for Singleton' would be a more preferable solution to the long term needs of the Singleton community."

⊞ Above: Timetable for new trial express route between Singleton & Maitland.


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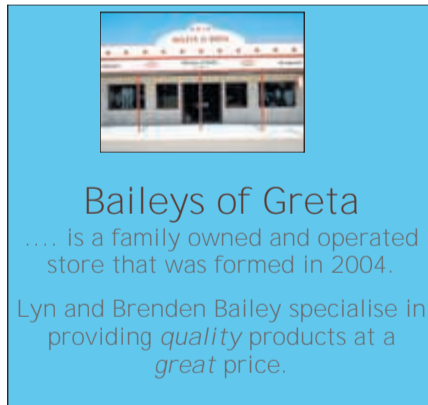

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Ladies we have the answer

The Branston Greta Menshed is organising a husband crèche every Wednesday and Friday mornings.

Drop him off at our husband crèche. We'll take good care of him and he may even learn something

Just pay \$2.00 for his morning coffee
'Branston Greta Menshed' 49 Branston Street' Greta in the grounds of the old St Marys Primary School

What's Happening & other matters

with Mike Lowing

(I have given over my fortnightly column to Stephen Lind from North Rothbury. His views are not necessarily those of the editor)

Liddell Power Station and Base Load Power.

There are four aspects to the discussion on the continued operation of the Liddell Power Station.

One. The Politics. This boils down to one major party attempting to occupy the moral high ground on all the major policy areas ie., mine is bigger than yours. The particular policy here is the transition to renewable energy. 50% versus 42%. Both are honourable targets if you believe this is absolutely essential. Just say we achieved the goal of 50% renewable energy when everything is working. When the wind doesn't blow and it is dark what makes up that 50% of our energy demand? It won't be batteries or hydro.

So you see, this drive for renewables has canted the argument and thought processes in the Green/Left contingent in our political sphere and this is not confined to the Greens and Labor but has infected the Liberal National Party as well as the Independents.

Hence the billions of dollars of Federal monies being divested to facilitate wind farms and solar arrays.

Two. The second problem is the Federal State dichotomy. Since the introduction of electricity, the provision of power has been a State or Local Government responsibility. As the power grids in each area grew so the 'Eastern States Grid' became a National Grid with the interconnections in place. With the introduction of renewable energy sources' the Federal Government has become heavily financially involved on the side of the renewable sector and the selloff of the State energy assets with a dollar for dollar grant if the States spend their 'sell off money' on new infrastructure. The sell-off was of course forced on Victoria and South Australia when these States were bankrupted by successive Labor Governments.

So, now we have an energy mish-mash of State owned energy assets in Tasmania and Queensland and privately



owned assets in New South Wales, South Australia and Victoria all on the same grid. By getting financially involved in this mess the Federal Government now gets the blame for whatever goes wrong. Certainly, the South Australian Government refuses to own the blackouts which occurred in last year's storm season.

Three. The third problem is the mind set of the companies which own the energy assets. The Boards of these companies are most concerned with the continued confidence of share holders to vote them back on the board (rather like politicians.) Hence their risk averse nature or attitude to any investment in coal or gas base load power, either on new assets or upgrading existing Assets.

While the Federal Government continues to fund renewable energy, why would a private company bother to invest in base load assets, particularly since this is likely to attract a carbon tax at any time soon.

Four. Now for the fourth point; the Nitti-Gritty. As Joel Fitzgibbon has rightly said, we need a plan now for the replacement of the Base Load Capacity of Liddell and Bayswater when these plants reach their use by dates. Renewable power sources cannot provide base load, dispatchable energy. Only nuclear or thermal plants can do this in the current technical environment and the foreseeable future.

Maybe one day we will harness fusion energy but not in my lifetime. Nuclear Energy is apparently not acceptable to the wets in any

parliamentary body, so there is little point in discussing this. Granted we need to reduce CO2 emissions and pollutants which are produced by burning fossil fuels. That means using the most efficient machinery we can. Gas turbines are undoubtedly the least polluting and can be fuelled by just about any flammable gas or liquid. I'd probably draw the line at petrol. A gas turbine is simply a jet engine where the exhaust is fed into a large turbine which drives the alternator. To put it simply the jet engine replaces the boilers and high pressure steam to drive the turbine generator. Could the existing turbines at a coal fired plant be converted to jet engine power? I do not know if this is feasible, but certainly the housing and exhaust functions plus the control and transmissions function of the existing coal fired plants could be used for gas turbine plants. I imagine this would be cheaper and quicker than building a new plant from scratch and would shorten the lead up time required; over to the 'Techno Geniuses' for this. A second option is more efficient coal fired power plants. To give an example; recently the efficiency of a steam driven turbine in the USA was increased by 10% when the rotor was replaced by one with better designed fins from Germany. If the process of the whole plant is examined there may be efficiency gains to be had at each stage. The boilers, the high pressure pipes, the turbine and the alternator, the upgrades could alter the overall efficiency. These efficiency gains can be made to existing coal fired plants without the need for new ground up construction. Each plant employs an efficiency engineer. They know where improvements can be made. The aim being to squeeze the most energy from a ton of coal.

Conclusion: If the end game is to ensure energy supply and reduce pollution then it can be done. The State Government needs to step in and give AGL an incentive ie., money to upgrade their plants.



Politicians are supposed to serve not dictate. It was earlier this month that the *LGBT had recognised 250 sexual/gender variations. If the ALP and the Liberals are wanting to change the definition of 'marriage' why haven't we been told of the fine print of their intentions?

When politicians want the people to 'leave it to us', beware!! They are supposed to serve, not dictate. The Marriage Act is not broken. It does not need fixing. Since the beginning of time history has endorsed a man/women union as marriage in all regimes, cultures &

forms of religion, and this has prevented the extinction of the human race. That's good enough for me. Leave well enough alone. Peter Young, Greta NSW 2334

Caravan pulls the pin on Hunter visit
Senator Matt Canavan cancelled a visit to the Upper Hunter on the 20 September 2017. The Prime Minister and Josh Frydenberg also declined my many invitations to visit Liddell power station to better understand its operations and to meet with our power station workers. I was pleased when I learned they would at least send a backbencher in what I hoped was an effort to better understand our challenges and opportunities.

But alas, it seems it wasn't to be. Strangely, the word "Liddell" has not left the lips of either the Prime Minister or his Energy Minister since Wednesday last week. They are big mouths in Canberra but won't front up to their responsibilities to the Hunter region. They are all politics and no care. The Prime Minister regularly cruises past the Liddell and Bayswater power stations on route to his sprawling cattle property. I've no doubt the workers would be pleased to have him call in. I visited Liddell to speak with management and workers on the 19th September 2017. Joel Fitzgibbon MP Member for Hunter YES campaign becoming more militant Waiting for the High

Court's decision delayed the campaign for both the YES and NO sides of this debate. It appears that the YES side are becoming very militant in their campaign to persuade people to vote YES and have begun indulging in militant tactics. Whenever there is a meeting scheduled by the NO side to present their case the YES advocates turn up in force and yell, scream and jostle attendees who come to the NOs public meetings. The YES people don't seem to want free and reasonable debate during this campaign. In many cases security has to be hired to maintain peace at the NO events as well as police in attendance. The behaviour of the YES campaigners remind me of the crowd who tried to bash down Mr Lot's door way back there in ancient Sodom.

It's time for everyone in this debate to cool it and use peaceful persuasion rather than the tactics of the mob. Mike McGregor, Narrabri NSW

*LGBT culture is a culture shared by lesbian, gay, bisexual, transgender, questioning, and intersex people. It is sometimes referred to as **queer culture** (indicating people who are queer), while the term **gay culture** may be used to mean "LGBT culture," or to refer specifically to homosexual male culture.

They walk among us...!

IDIOT SIGHTING
A True Story
I live in a semi rural area.. We recently had a new neighbour call the local council to request the removal of the WOMBAT CROSSING sign on our road. The reason: 'Too many wombats are being hit by cars out here! I don't think this is a good place for them to be crossing anymore.'



Emergency Phone Numbers

| | | |
|---|--|-------------------------------|
| Dial 000 | | |
| FOR FIRE, POLICE AND AMBULANCE ANY TIME, DAY OR NIGHT FOR 24-HOUR SERVICE | | |
| It's a free call. Just tell the operator what you need-fire, police or ambulance. Then wait to be connected. | | |
| When reporting an emergency by calling 000, the telephone number & address you are calling from may be given to the emergency service so they can respond quickly. If you don't want the telephone number or address details passed on, you must call the emergency service direct. | | |
| ALL CALLS TO 000 ARE VOICE RECORDED | | |
| For non-life threatening calls..... | | |
| Police Assistance Line (PAL)..... | | |
| 131 444 | | |
| Police | | Electricity |
| Branxton..... 4938 1244 | | Energy Australia..... 131 388 |
| Lochinvar..... 4930 7209 | | Hospitals |
| Ambulance 131 233 | | Maitland..... 4939 2000 |
| NSW Fire Brigade | | Cessnock..... 4991 0555 |
| Branxton..... 4938 3396 | | Singleton..... 6572 2799 |
| Rural Fire Brigades | | SES132 500 |
| Belford..... 6574 7149 | | Crime Stoppers |
| Broke..... 6579 1491 | | 1800 333 000 |
| Greta..... 4015 0000 | | Poisons Info 131 126 |
| Bishops Bdg 4015 0000 | | Hunter Water |
| Nth R'bury... 4015 0000 | | 1300 657 000 |
| Rothbury.... 4015 0000 | | Ausgrid 131 388 |
| Pokolbin.... 4015 0000 | | Gas Emergencies . 131 909 |
| Rothbury.... 4991 1733 | | Lifeline131 114 |
| Bishops Bdg 4015 0000 | | Mental Health Line |
| Nth R'bury... 4015 0000 | | 1800 011 511 |
| Rothbury.... 4015 0000 | | Domestic Violence Support |
| Pokolbin.... 4015 0000 | | 4990 9609 |
| Rothbury.... 4991 1733 | | Centrelink Self Service |
| Scotts | | 136 240 |
| Flat..... 6574 5186 | | Medicare 132 011 |
| Central | | Native Animal Rescue |
| (Cessnock).... 4015 0000 | | 0418 628 483 |

Letters to the editor can be sent to:

The Editor, The BGV News,
12 Clift Street, Branxton
NSW 2335

or
emailed to

thenews@hotkey.net.au

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**CESSNOCK
Library
News**



**The plot thickens!
Author Visit: Janette Paul
and Jaye Ford**



Cessnock City Libraries will host a book lover's treat with an author visit planned for the Thursday 12 October featuring one author but two very different genres, thriller and romantic comedy. Local fiction enthusiasts are set to be impressed by Hunter author Janette Paul who also writes as Jaye Ford, during her visit to both Kurri Kurri and Cessnock libraries to talk about her latest book and career. The international bestselling author not only writes romantic comedies but pens gritty thrillers as the award winning crime author Jaye Ford. The presentation is expected to focus on authoring seven books and her career as a news and sports journalist seeing her become the first woman to host a live sport show on Australian television. Janette Paul's latest novel *Amber and Alice* was released this year, and was inspired by a camping trip Janette took with her family some 15 years ago. Readers can take a hilarious road trip into the Australian outback in this witty romantic comedy, with an enticing family mystery thrown in. The author describes it as Bridget Jones meets Thelma and Louise, as one woman finds the answers she needs on a trip into the stunning Australian

desert.
What: Author Talk: Jaye Ford writing as Janette Paul
When: Thursday 12 October 2017 | refreshments provided
Where: Kurri Kurri Library 1.30pm -2.30pm & Cessnock Library 5.30pm-6.30pm
Books will be available on the day and a signing will be offered. Bookings are essential, to secure your place call Kurri Library on 4937 1638 or Cessnock Library on 4993 4399.

Grab a bargain at the library book sale!

The Cessnock City Council Library foyer will be a book worm's paradise when thousands of titles go on sale at this year's much-anticipated second book sale on from Monday 16 October 2017.



Cessnock City Library Services Co-ordinator, Rose-marie Walters said the sale of pre-loved library stock is always very popular. "There will be something for everyone with ex library items and donations including books, magazines, music and DVDs". "The book sale is a chance to fuel Cessnock's passion for reading with everything from best-sellers to niche, non-fiction topics up for grabs for as little as fifty cents." The sale will start at 9am on Monday 16 October and will run until Saturday 28 October or until all items are sold. The library book sale, which has been popular for more than a decade, consists of excess and retired library stock which will make way for new titles and resources. All funds raised through the sale will be used to purchase new items for Cessnock and Kurri Kurri libraries. For further information please call Cessnock Library on 4993 4399.
What: Cessnock Library Book Sale
When: Starting 16 October 2017
Where: Cessnock Library

**Community Notice from Greta
Tidy Towns Committee
GRETA CAMP
FAMILY GET-TOGETHER**

Local families and individuals connected to the Greta Migrant Camp are invited for an informal gathering to share memories and food.

On Saturday 21th October 2017

At 11am to 3pm in the Greta Community Hall, behind the Museum.

Please bring a plate, sweet or savoury to share. Tea and coffee provided. Purchase raffle tickets to win a money prize.

Enquires – please call into the Greta Museum or phone Neridah on 0427657150 or Peter: 0478896722

Or email: gretamuseum@gmail.com

This is the second of any number of potential yearly get-togethers, depending on response, so come and be counted. If you can't make it this time leave your contact details at the Greta Museum so we can tell you about the next one.



A True Story
They walk among us...!
When my husband and I arrived at a car dealership to pick up our car after a service, we were told the keys had been locked in it. We went to the service department and found a mechanic working feverishly to unlock the driver's side door. As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked. 'Hey,' I announced to the technician, 'its open!' His reply, 'I know. I already did that side.'

A True Story
They walk among us...!
I was at the airport, checking in at the gate when an airport employee asked, 'Has anyone put anything in your baggage without your knowledge?' To which I replied, 'If it was without my knowledge, how would I know?' He smiled knowingly and nodded, 'That's why we ask.'
This happened at Melbourne Airport

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0414 757 826



Bob Pynsent, Mayor Cessnock City Council



City Libraries. You can also complete a short online survey on Council's website or make a written submission by 4pm on Friday 13 October 2017.

Last Friday we welcomed four new Australian citizens at a Citizenship Ceremony held in the Council Chambers. It was a pleasure to welcome these residents, especially as Sunday marked Australian Citizenship Day. Australian citizenship day occurs each year on 17 September. It is a special day to reflect on being an Australian citizen, it is more than a legal status rather a common bond that represents our shared democratic beliefs and gives us a sense of belonging and pride in our achievements as a nation. Finally a huge congratulations to Nulkaba Public School for their production *Around the World in 80 Days*.

Cheers, Bob



Member for Cessnock Clayton Barr MP

Raising the BARR

WORKERS COMPENSATION – THERE IS A BETTER PATH

Last week in parliament I introduced a new Bill to deal with Workers Compensation. If my Bill gets accepted and supported, then it becomes law. Sadly, I suspect the Government will vote against it. But there are some killer facts that I want to bring to the attention of you, the people that have trusted me to be your voice in Parliament.

First, the workers compensation scheme currently has a \$1.5B surplus- which means that it has \$1500 million dollars more than it needs. Second, the workers compensation scheme was set up to help ALL injured workers ALL of the time, not some injured workers some of the time. Third, it seems bizarre that the scheme would kick out workers who are still injured and unable to work. And fourth, and possibly most importantly and alarming; by kicking out (removing from the scheme) workers that are still injured and unable to work, those injured workers are going to be forced to go across to the taxpayer funded Centrelink and Medicare schemes for support. This is not fair for anyone. My Bill is designed to make sure that the injured workers are looked after by the workers compensation scheme built for them. I will keep you posted.

BOXING DAY TRADING – WHO WINS?

Also last week in Parliament, the Government introduced a new law to allow shops and retailers to open on Boxing Day – if they so choose. For keen shoppers this might sound great. For me personally I couldn't think of anywhere that I would less like to be on Boxing Day than in a shop/store. Labor argued against the new law on three key grounds.

People only have a certain amount of money to spend each year – regardless of whether they spend it across 360 days, 361 days or 362 days of the year. You know, in reality we only have 4.5 shop-free days in our calendar: Boxing Day, Christmas Day, Good Friday and Easter Monday as well as a half day on Anzac Day. Also, having 2 Public Holidays side by side – Boxing Day and Christmas Day – give people the real chance to travel and see family/friends. And finally, anyone that has been a casual worker will know that you don't really get a "choice" about whether or not to work. Casual workers all know what happens if you say "no" to a shift; you find that you stop being rostered on for any shifts. Without doubt the best contribution in the debate came from David Harris MP, the

Member for Wyong. He referred to a range studies that show that our drive towards a 24/7 economy is destroying families, communities and having serious impacts on the health of our children. If you have access to the internet you can find his speech online and it is well worth the read. It is sobering, possibly alarming!

* * * * *

For enquiries regarding the State Government or its departments, or to put you in contact with someone who can, please contact my office. My office can be contacted by phoning 4991-1466, by email to cessnock@parliament.nsw.gov.au or call into 118 Vincent Street (PO Box 242), Cessnock 2325.

You also follow me on my Facebook page "www.facebook.com/claytonbarrmp", go to Twitter and search @claytonbarrmp or check out my website at www.claytonbarr.com.au

Cheers, Clayton



JOEL FITZGIBBON MP Member for Hunter

The Prime Minister and I have been having a stoush in the Parliament about whether the Liddell power station should close in five or ten years.

Last year the Hunter's miners sent 161 million tonnes of coal (92 per cent of our output) to our export markets. They also sent around 6 million tonnes (4 per cent) to the Liddell power station and they'll continue to do so for another five years. A similar amount of coal fed the neighbouring Bayswater power station and I am determined to make sure that continues for at least another fifteen years.

When Liddell eventually closes, the coal it now burns will be exported to markets where it will secure a higher price. The coal companies are obligated to send coal to our power stations where they receive less for it. Our coal industry will be strong for many decades to come. What this all tells us is that the Prime Minister's attempt to link the inevitable Liddell closure to the fortunes of the Hunter's coal mining industry is misleading. So too is the idea that he can fix the immediate energy crisis of his making, by extending the life of a rapidly deteriorating generator by five years.

Worse, I believe the Prime Minister knows that running Liddell for another five years beyond 2022 is not physically possible. Not at least without the injection of up to \$1 billion worth of plant upgrades. That's also one of the reasons it's not financially viable. Anyone trying to argue otherwise could only hope to mount an economic case (for keeping the plant open for another ten years) by factoring in continuing high household electricity prices, the very thing we want to avoid.

Interestingly, those trying to argue Liddell can run to the age of 55, come from the same political party as Barry O'Farrell and Mike Baird. You remember them; they dumped the former Labor NSW Government's plans to upgrade Bayswater and Liddell and instead, sold them to AGL for a song. In the last four years seven coal-fired power stations around the country have closed. It's nobody's fault; they were all commercial decisions largely based on age. Ironically, this actually presents an opportunity for AGL, the Hunter's economy and our power workers. The decline in electricity generation capacity has to be filled and AGL is well-placed and willing to fill it, right here in the Upper Hunter.

They hope to do so by using their current position and assets to build a mix

of gas, pumped-hydro and large-scale solar generators. They also plan to build significant battery storage. They are ready to commit up to \$2 billion for new generators and I am determined to ensure that the lion's share is spent here.

Of course these projects will allow the Hunter to remain the power-house of NSW and generate electricity in a cleaner way not for five years, but for the next fifty years. It's also the best plan for retaining and growing jobs. I am also talking with AGL about transferring workers who don't want to take a redundancy from Liddell to Bayswater as others leave the workforce there, over the course of the next five years.

Are there any threats to the plan for a new energy hub? Yes, Malcolm Turnbull's interference, his offers of false hope, and his failure to provide investment certainty by producing an energy policy.

Cheers, Joel



Sue Moore, Mayor Singleton Council

It's hard to believe a year has passed since the first meeting of the newly-elected Council in 2016, particularly when we reflect on all that has been achieved in a relatively short period of time – including the adoption and implementation of the new Singleton Strategic Plan (CSP) 2017-2027.

The new Council was elected on 10 September 2016, and the first meeting held on 26 September 2016 when, for the first time, all councillors were required to take an Oath or Affirmation of Office. It's fitting that a motion for an urgent meeting with the Minister for Roads seeking a decision on the final route for the Singleton Highway bypass was the first order of business for the new Council, because it set the tone for our role as advocates for our community and hinted at the many meetings to come with the Ministers in the State Government.

That meeting with the Minister for Roads took place on Monday, 7 November 2016, when the Deputy Mayor, General Manager and I took a trip on the M1 to Parliament House. At the time, Mike Baird was still Premier and the arrival of Gladys Berejiklian to the top job was still a couple of months away.

But we certainly made our position plain to whoever was sitting in the offices in Macquarie Street that they should not be so quick to discount Singleton.

The CSP sets out our commitment to lobby both the State and Federal governments for those services and infrastructure you – the people in our community – told us you wanted. The highway bypass was a big one, and there were plenty more items on the list including 24-hour policing, increased public transport, and improved health and education.

In just 12 months, we've already seen progress: we have continued to meet with a number of Ministers about the needs of our community, and the Transport Minister Andrew Constance came back to Singleton just a few weeks ago to announce a new bus service between Singleton and Maitland Railway Station, stopping at Branxton.

And it's not just the big-ticket items that are important to our community: last week we had Upper Hunter MP

Michael Johnsen's announcement of \$45,733 for accessible amenities at Singleton YMCA Heights Sports Centre to encourage greater participation at the centre, particularly by people with a disability.

With the first quarter gone of this term of Council, I believe we're in a good position to continue to see results for our community. But I know the job isn't finished yet. I was humbled that you elected me to represent you as Mayor a year ago, and I have three years of hard work ahead to prove that your confidence in me was not misplaced.

Cheers, Joel



MICHAEL JOHNSEN MP Upper Hunter

NSW Apprenticeship Act to Get a 21st Century Makeover

I wish to advise the changes to the *Apprenticeship and Trainee Act 2011* that modernise training outcomes for workers to support NSW's growing economy and strengthen our apprentice and traineeship system.

A quality and responsive Act that oversees apprentice and trainee qualifications is a vital part of ensuring NSW has a skilled and competent workforce.

Our VET graduates get into work sooner, get paid more and can train for occupations predicted to have the greatest new job growth over the next five years, like information technology, health, aged care and hospitality.

The Apprenticeship and Amendment Bill 2017 is about making sure we underpin quality in the training system and we put the student first. The amendments will support young workers to become better skilled, improve completion rates and ensure apprentices and trainees receive qualifications that directly meet the needs of their job.

The new Act will help employers meet the growing demand for a skilled workforce and ensure that we are setting up our young workers to fill the jobs of the future that will continue to drive the NSW economy.

Changes to the *Apprenticeship and Trainee Act* include:

- Improving communication between employers and training organisations through stronger requirements for training providers to consult with employers on training plans and report progress regularly
- Greater emphasis on applying on-the-job training in qualifications
- Removing red tape by abolishing the redundant Vocational Training Review panel

The changes in the Bill are the result of extensive consultation with employers, students, industry and the community over the last year.

Cheers, Michael

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organs of balance

Inside the inner ear is a series of canals filled with fluid. These canals are oriented at different angles, and as the head moves, the movement of the fluid inside these canals tells the brain how far, how fast and in what direction the head is moving.

This information is then used by the brain to move the eyes an equal and opposite amount, so that the image that is 'seen' by the eyes does not blur and remains clear.

Causes of dizziness and vertigo

A wide range of conditions and diseases can cause dizziness, including:

- Inner ear problems – disorders of the inner ear account for about half of all cases of persistent (ongoing) dizziness. Disorders include Meniere's disease, benign paroxysmal positional vertigo (BPPV) and vestibular neuritis.
- Anxiety disorders – stress or anxiety may play a role in causing dizziness or, more commonly, may be a contributing factor in dizziness from other causes, such as inner ear disease.
- Brain disorders – a common cause of dizziness is migraine, even without the headache that most people associate with a migraine. Very rarely, other causes of dizziness can include stroke or other brain diseases.
- Other conditions – some cases of dizziness are due to underlying medical conditions such as low blood pressure, infection, some heart problems (such as cardiac arrhythmias) and hypoglycaemia (low blood sugar). Drugs that are used to treat conditions such as epilepsy, coronary heart disease and high blood pressure can also cause dizziness in some people.
- Unknown causes – although a cause may not be found in some people, it does not necessarily

mean that these people cannot be helped by the appropriate treatment.

Diagnosis of dizziness and vertigo

In trying to work out the cause of a person's dizziness, investigations may include:

- medical history, including careful questioning about the nature of the dizziness
- physical examination, which may include observing eye movements, positional testing and a blood pressure check
- specialised hearing or balance testing
- CT or MRI scans of the inner ear or brain
- other tests relating to specific conditions.

Treatment of dizziness and vertigo

Treatment depends on the cause of the dizziness that may be uncovered by your doctor. Potential treatment options may include:

- canalith positioning procedures, which are a special set of exercises designed to remove inner ear 'crystals' in benign paroxysmal positional vertigo (BPPV)
- migraine prevention medication
- medication to dampen the sensations of dizziness
- anti-nausea medication
- balancing exercises to 'retrain' the nervous system, which are usually prescribed by a vestibular physiotherapist
- counselling and cognitive behaviour therapy where anxiety or stress is a factor.

Things to remember

- Generally, most dizziness is caused by problems of the inner ear and is treatable.
- Common causes of inner ear dizziness include benign paroxysmal positional vertigo (BPPV), migraine and inflammation of the inner ear balance apparatus called vestibular neuritis.

Dizziness and vertigo

Dizziness is often caused by illnesses that affect the inner ear,



including benign paroxysmal positional vertigo (BPPV), migraine and inflammation of the inner ear balance apparatus (called vestibular neuritis). Dizziness may also be caused by low blood pressure, some heart problems (such as cardiac arrhythmias), anxiety disorders such as panic attacks or (uncommonly) by hypoglycaemia (low blood sugar).

While some people understandably find it difficult to describe their dizziness, a description of a person's dizziness and the circumstances in which they occur may be very helpful in reaching a diagnosis.

Symptoms of dizziness and vertigo

Descriptions of dizziness may include:

- * a sensation of movement (including spinning), either of yourself or the external environment
- * unsteadiness, including finding it difficult to walk in a straight line
- * light-headedness
- * feeling faint.

Other symptoms that may accompany dizziness include: Headache, nausea and vomiting, ringing or other sounds in the ears (tinnitus), difficulty hearing, staggering gait and loss of coordination (ataxia), unusual eye movements, such as flitting of the eyes (nystagmus) & finding it difficult to see clearly when moving, for example, when reading a sign while walking or driving.

The inner ear contains the



September Tatts Fishing Club Update

Over the weekend of 15th/16th/17th September a massive total of 24 mem-



bers, kids and friends were up at Seals Rocks for the Tatts Hotel Fishing club weekend. The weather was reasonably friendly and fishing conditions close to perfect. Bream were plentiful with 8 members all weighing in good bags of bream, other species caught were Tarwhine, Whiting and Tailor. Steve Nevin

(60.2 points), Troy Fields (57.45 points) and Glen Beckett (53.35 points) were standout performers over the weekend and our very latest female member Toni Cooper staked her claim with a good bag of bream (2.145kg total) 37.45 points.

It was also good to see a couple of the die-hard club members put in some good hours and log their first fish of the season: Jeff Nevin (25.8 points), Norm Beckett (34.4 points) and Jason "Sumo" Salna (29.5 points). As per usual the after dark activities were entertaining and Anthony "Salami" Fields' Cabin became the party hub and



prime location to watch two games of footy over the weekend. They was a lot of stirring up going on and many laughs were had.

It's time to start thinking about the next Fishing Club Outing (Open & Hawks Nest) 20/21/22nd October. There are a few talking about staying at Jimmy's Beach Caravan Park if anyone is keen to camp. Please note Weigh in time is 3pm at the Tatts Hotel Sunday 22nd October and a meeting will follow.

Any enquires about the Club please forward to Steven.nevin@coalandallied.com.au or call/text Nevo on 0402762199.

Cessnock Library to feature May Gibbs' touring display

It's been 100 years since May Gibbs' adorable characters found their way into the hearts and homes of Australians and to celebrate, Cessnock Library will host a free touring display featuring her iconic artwork from 3 to 12 October 2017.

May Gibbs was Australia's first full-time, professionally trained children's book author and illustrator and the display features reproductions of some of her most beloved characters including the gumnut babies and brothers, Snugglepot and Cuddlepie.

Cessnock City Library Services Coordinator, Rose-marie Walters said, "Many Australians have fond memories of growing up with the gumnut babies and their friends, with the books being passed down through generations." The gumnut babies became an instant hit when they first appeared on 5 December 1916 in a booklet published by Angus & Robertson and the gum-blossom babies soon followed.

The display explores May Gibbs' early work, her process, examples of how the war influenced her and, of course, the characters Snugglepot and Cuddlepie, Ragged Blossom and Little Obelia.,

"May Gibbs was also a keen environmentalist and fiercely patriotic," added Rose-Marie. "Not many people know that during the First World War she designed a series of postcards and bookmarks featuring her popular characters to send to the soldiers overseas."

The display will be on show at Cessnock Library until Thursday 12 October 2017



Baked Salmon With Zucchini Spaghetti



Method

1. Preheat oven to 200°C. Place 11/2 tbs of the oil into a roasting pan. Place into oven and heat for 5 minutes. Add garlic, leek, fennel and zucchini to pan and toss well to coat with oil. Season with salt and pepper. Bake for 5 minutes.
 2. Slice lemon. Season salmon to taste. Sprinkle with thyme and top with lemon slices. Arrange salmon on top of vegetables. Drizzle with remaining oil. Bake for 10 minutes. Add tomatoes to roasting pan. Bake for a further 5 minutes until fish is cooked to your liking and tomatoes are just soft.
 3. Meanwhile, place snow peas and broccolini into a bowl. Pour over boiling water and set aside for 5 minutes until tender. Drain. Serve fish with snow peas, broccolini and tomato.
- tip:
Zucchini spaghetti is a great alternative to pasta. If not available, you can make your own using a spiraliser, or even cut the zucchini into thin strips.

Ingredients

- 2 tbs olive oil
- 2 garlic cloves, crushed
- 1 leek, sliced
- 1 small fennel bulb, sliced
- 250g pkt Simply Steam Zucchini Spaghetti*
- 1 lemon
- 4 skinless salmon fillets
- 2 tsp lemon thyme leaves
- 1 punnet truss tomatoes
- 100g snow peas, trimmed
- 1 bunch broccolini, trimmed, halved

Report



Think twice this Labour Day long weekend

We remind motorists that double demerits apply for four days in NSW from Friday the 29th of September to Monday the 2nd of October inclusive. Please drive safely and take extra care on the roads.

Long weekends are traditionally a time where most people pack their bags and head out of state or city for a short holiday.

Labour Day weekend is a great opportunity to take a quick break and enjoy a much-needed rest, so don't let your family time be spoiled by any accidents on the road.

NSW Police is urging motorists to exercise extra caution and drive responsibly, or risk being fined and earning double demerit points.

Speeding, seatbelt and motorcycle helmet offences will all be charged double demerit points over the long weekend.

A Police NSW spokesperson said that these penalties are in place during holidays such as this because more people tend to be on the roads.

"Double demerit point periods save lives and reduce the road toll, but there are also other simple steps motorists can take to help keep themselves, their passengers and others safe on the roads," the spokesperson said in a statement issued last week.

Some steps include driving to the appropriate speed, making sure that you are wearing a seatbelt or the adequate safety gear if you are on a motorcycle, and also ensuring that you do not take drugs or alcohol before you get behind the

wheel. The spokesperson also advised against driving when tired, and warned people not to be in too much of a hurry. "Don't rush to your destination. Speeding or driving while fatigued just to arrive a little bit earlier can have devastating consequences. Allow extra time to get to your destination and arrive safely."

They added: "If you notice your eyes are getting tired or you're yawning, feeling drowsy or having trouble concentrating on driving, ensure you stop and rest." It is also recommended that people do not drive during times when they would normally be asleep, and that they try to share the responsibility when on long trips.

Last year, over 360 crashes occurred in NSW during the long weekend, which injured 221 people and killed five.

A recent *Can't talk. Driving.* report reveals that over one-in-five (21%) of drivers have been involved in a near-miss behind the wheel because the other driver was using the phone while driving.

As of 4 January 2016 the standard penalty for mobile phone offences rose to four demerit points. Since the end of last year, mobile phone offences have been included in double demerit periods. This means those caught talking or texting illegally while driving during this long weekend will incur eight demerit points – a huge amount when the threshold on unrestricted licences is 13 points.

The double demerit point scheme applies for the following types of offences:

- * Illegal use of mobile phones
 - * Speeding
 - * Not wearing a seatbelt
 - * Riding without a helmet
- The scheme is designed to encourage safe and responsible driving. Working in conjunction with financial penalties,

demerit points provide a strong incentive to drive within the law.

Double demerit periods were introduced in 1997 in NSW. By law, double demerit periods must be advertised and awareness campaigns are coordinated with traditional enforcement and increased police numbers. Double demerit periods were introduced in 1997 in NSW. By law, double demerit periods must be advertised and awareness campaigns are co-ordinated with traditional enforcement and increased police numbers.



The Australian Marriage Law Postal Survey 2017 is now open.

Should the law be changed to allow same-sex couples to marry?

This is your chance to have your say on whether Australian law should be changed to allow same-sex couples to marry.

Just answer 'yes' or 'no' on the form. Put it in the Reply Paid envelope and mail it back today.

If you haven't received your survey form, need a replacement or more information, go to www.marriagesurvey.abs.gov.au

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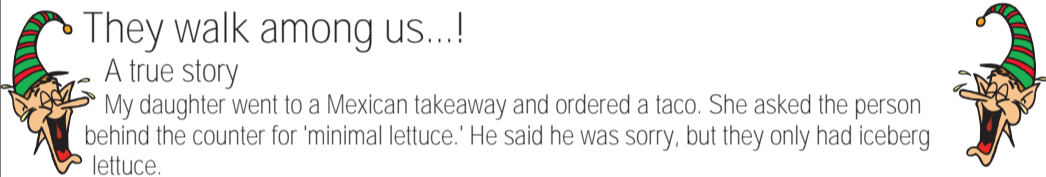


If you're renting a property, head to Cessnock Library on Friday 29 September for a free workshop presented by Newcastle Fair Trading which covers everything you need to know. When you rent a home in NSW and become a 'renter or 'tenant', knowing your rights and responsibilities will help you avoid or resolve differences you may encounter with your landlord, real estate agent, house-mates or neighbours. Cessnock City Library Services Coordinator, Rose-marie Walters said this workshop is a great opportunity to learn about what the tenancy laws mean and get your questions answered.

"Almost 25% of Cessnock residents are renting and this free talk by Newcastle Fair Trading will be helpful for everyone who comes along!" Information covered will include beginning a tenancy, tenancy agreements, condition reports, rental bond and keys, locks and security. The Residential Tenancy Workshop presented by Newcastle Fair Trading will take place at Cessnock Library on Friday 29 September 2017 from 10.30am to 12noon. It's free to come along, but bookings are essential. Book your spot today by calling the team at Cessnock Library on 4993 4399.

They walk among us...!

A true story
My daughter went to a Mexican takeaway and ordered a taco. She asked the person behind the counter for 'minimal lettuce.' He said he was sorry, but they only had iceberg lettuce.



Strata window safety needed by March 2018



Residential strata buildings in NSW must have safety devices installed on all above ground windows by 13 March 2018. But what does this mean for property managers and strata managers? REINSW recently held a webinar on this issue to find out, with Reena Van Aalst, Managing Director of Strata Central, Sandy Hodgkins, General Manager of NNW Property and Shane Foley, Director of BIV Reports Pty Limited. The NSW Government is bring-

ing this new law in to protect children, with around 50 falling from windows or balconies in Australia every year. **What does the regulation say?** Shane explained that windows which open and have a two metre or greater fall on the outside, and a 1.7 metre or less height on the inside, must be restricted to opening only 12.5cm. They must also meet a pressure test of 250 newtons, or the

same force as 25.5kg of weight in pressure. However, windows only need to be locked when children are in the apartment or on all common access areas such as stair landings. The alternative is security screens, such as bars or grills which have gaps no bigger than 12.5cm and are capable of resisting strong outward pressure. Shane added that if an owner's corporation or individual fail to comply, the NSW Civil and Administrative Tribunal can make them install window locks and force access to an apartment. However, they cannot bring an order to force the law until after 13 March 2018.

He said: "It is good practice is to use a supplier who can provide a compliance certificate and include photographs that supports each of the criteria. "BIV also educate owners with brochures on which windows need the locks and what type of locks they need, which enables them to be more empowered and engaged."

What should strata managers do? Reena said: "The first thing a strata manager needs to do is include a motion in the AGM agenda to show there's a requirement to install window locks and bring that to the owner's corporations attention. "We also need to include a

budgetary allocation to ensure we have sufficient funds in the budget. The strata committee can then source quotes and it's really important to use reputable contractors who are suitably qualified in this field. "Once the quote's approved, notices need to be sent out to the residents and property managers to make sure they're aware of the schedules we've outlined for access and installation. "Sometimes locksmiths will require access to provide a quote because not all windows are the same, especially in older buildings. This is when it is important to have a good relationship with property managers to

sending a letter and email to the tenants to let them know, including a pamphlet called Kids Don't Fly which contains information about preventing falls from windows and balconies

- informing the tenants of the company installing the lock, their contact, timeframe to install and what to do if they can't be there
- if access is not provided and further inspections are required, they are told additional costs will be charged to them

Residential strata buildings in NSW must have safety devices installed on all above ground windows by 13 March 2018.

gain access." **Property manager processes** Sandy manages 1,156 properties with the majority of them being strata, and has put in place a process to deal with the new window safety law. The process Sandy's team follow once they get notification from strata that an installation is taking place, includes:

- once the window locks are installed, the address is added into Sandy's system which property managers check before attending routine inspections so they know to check the window locks
- during the annual inspection reports, they take photos of the locks and which rooms they're in and send them to the owner. Sandy added: "It's very important property managers have systems in place to monitor and report on the new window locks because we're not experts and shouldn't be giving advice. "A property manager's role is very complex and

you need to be vigilant and report if there's anything amiss. However, if you have systems in place, it makes your life a lot easier."

Buyer beware



By Tim McKibbin – REINSW CEO
There are many pitfalls you need to avoid when purchasing a property, which is why it is important to prepare as much as possible beforehand. For example, ensure you have pre-approval finance in place, so you know your purchasing limit. It is important to seek some legal advice upfront, and to organise pre-purchase inspection reports, including strata, building and pest. Good communication is critical. If you find a property you like, let the real estate agent know and ask how the offer and acceptance process works. Finally learn to know the difference between your head and heart. Buying is 80 per cent emotional – whilst this might be OK when buying clothes, you need to be a lot more logical when buying a property!

How proxies work in strata developments

The number of proxies one person can hold at a strata meeting is now limited under the new reforms, however the new legislation has left some questions unanswered. The decision to limit proxies was made in a bid to curb "proxy farming", by preventing any individual attempting to control owners' decisions by obtaining a majority of proxy votes. As a result the number of proxy votes allowed to be given to one person is limited to: one proxy vote for schemes with 20 lots or less and 5% for schemes with more than 20 lots. This information is set out in schedule 1, clause 26, of the Strata Schemes Management Act 2015. If a proxy holder is an owner, they have a right to vote as an owner, so if they hold one proxy then they have two votes. REINSW held a webinar on proxies with strata lawyer Amanda Farmer, Founder of Your Strata Property, and Carolynne Pitt of Gilbey Burgess Strata Management, which you can view on our website (reinsw.com.au). Carolynne explained that there were three main changes to proxies under the new regulation. * The limit on the number of proxies that any one person can hold * Being able to nominate an alternate proxy (the act does not say a limit on this) if the primary proxy holder holds the maximum number of proxies * The written consent by the person accepting the proxy is no longer applicable to the proxy holder.

WHAT'S THE FUTURE OF MAITLAND HOSPITAL?

The government recently announced it is seeking tenders from the not-for-profit (NFP) sector, to build and run the new Maitland Hospital. This still means the Hunter will lose a public hospital. So how is it different to privatisation (PPP)?

PPP v NFP

HOW THE CONTRACT WORKS

A long-term relationship between the state and a contractor is entered, whereby the government relinquishes its responsibility to provide the community with a quality, affordable healthcare model

In this joint arrangement, the hospital is owned by the organisation/company that will deliver private services but is under a **CONTRACTUAL** agreement with the NSW government to deliver public services

Despite receiving government funding, there is no obligation to provide open and transparent details on costs of services, metrics on service quality or mandated staffing and skill mix

PPP NFP



This is still privatisation of a public health service.

Everyone in NSW will get better care in a hospital if we grow our public hospital system to match our community's growing health needs

We want a fully-funded PUBLIC hospital. Maitland deserves it!



LOWER BELFORD



NEWS

THIS year our branch has studied the country of Nepal & with the help of Kirkton Public School we have learned a great deal about the country, its people, its culture & many other interesting facts. A number of Kirkton Public School students produced



☰ Ethan with his winning poster

posters about Nepal & our members had to decide which one would be chosen



as the best. It was a very hard decision as all posters presented where outstanding & are commended on their work. As our branch, and all other CWA branches, could choose just one, it came down to Ethan as his poster was amazing; informative & superbly

presented. Congratulations Ethan. Lower Belford CWA is a very strong organisation with some interesting & wonderful ladies who have so much in common. The branch members are a happy lot & would dearly love new members with some good & fresh ideas.

If you are interested in joining our club please don't be shy; just call either our President Jill Bowman on 4930 4824 or our Secretary Agnes Meany on 6574 7027.

We meet every second Thursday of the month with the exception of January. Meetings commence at 10am & are scheduled to finish at 12noon but mostly they tend to run longer. Most of the conversation is about local problems, cooking, sewing & our country of study. We also have a light morning tea.

☰ Photo above: (L-R) Audrey, Jordan, Ethan, Braydon & Jessica. Jaci is absent from photo.

The cracks are starting to show when it comes to glass recycling

Cessnock City Council is appealing to all levels of government to take action and deal with the growing glass crisis plaguing the nation.

Currently thousands of tonnes of glass from the Hunter Valley region is being placed into storage interstate, as the glass recycling industry has collapsed in Australia. Cessnock City Mayor, Councillor Bob Pynsent said the time to act is now, ahead of this becoming a disaster.

"This is a serious problem not just in our local government area but across Australia as it is cheaper for companies to import new glass products from overseas rather than recycling glass on our own shores."

"Stockpiling of glass can only continue for so long, Federal and State governments need to look at ways to improve market conditions or develop new reuse options."

The report put before Council earlier last week

highlighted some alarming statistics.

Australia consumes about 1.36 million tonnes of glass packaging per year and glass consumption in NSW is at its highest, as we produce 460,000 tonnes.

The report also outlined that the last remaining glass recycling facility shut its doors in 2015, marking the end of glass processing and recovery in Eastern Australia.

But while the NSW Environmental Protection Authority (EPA) is apparently aware of the problem, recycling companies are prohibited from stockpiling large amounts of material due to limits placed by the EPA.

So what are the alternatives? Some NSW companies are choosing to dump their glass waste in landfill, accepting the landfill levy of \$138 per tonne in the process. Others are arranging to send their



waste to Queensland, where such a landfill levy does not exist. The end result is that NSW's glass waste is sitting around either in warehouses or in landfills, without getting recycled.

Cessnock Council is calling on peak industry bodies to do their bit and develop standards for use of recycled products in the construction industry.

A notice of motion to the NSW Local Government Conference and the National General Assembly of Local Governments will also be lodged by Council in a bid to ramp up pressure.

The move by Council follows Maitland City Council voting to take similar action last month.

Daylight Saving commences on 1st October 2017 and ends on 31st March 2018

Please remember to put your clock forward at 2.00am on 1st October 2017



Greta Branxton Rugby League Football Club



GRETA WORKERS

Annual General Meeting Announcement

Greta Branxton Rugby League Football Club will be holding their AGM at;

**Greta Workers Club
Sunday 8th October 2017
10:00am**

All club members and people within our community are invited to attend.

All committee positions will be available for re-election.



Greta Branxton Colts look forward to seeing you there.



Pets and Patrols with Ranger Kurt

Spring has sprung and with it comes warmer weather and beautiful blooms, but it also means the dreaded magpie season is upon us!

While magpies play an important role in our environment, they are well known for swooping humans during their breeding season from July to December, with September being the peak swooping month.

A fun project for kids these school holidays is to make a magpie-proof hat using an old ice-cream bucket and painting eyes on the back. Kids can wear the hat over their helmet when riding their bikes to prevent them being attacked.

There are several things you can do to try and discourage magpies from nesting in your yard, including not feeding them or leaving rubbish around and removing unnecessary sources of water.

It is important not to remove or destroy nests or eggs and we encourage you to call NSW Parks and Wildlife Service on 1300 PARKS to report magpies.

As the weather warms up, the grass will also flourish meaning lawns will need to be mowed more often to prevent vermin, snakes and complaints from the neighbours about your property about being overgrown.

Having a regular lawn mowing routine will make the job a whole lot easier and keep your yard looking nice and tidy.

Spring is also a timely reminder not to leave your dogs in the car on warm days as it can take just minutes for them to suffer from heat stroke. Temperatures in a car can rise to more than double the outside temperature and dogs travelling on the back of utes can also burn their footpads or bodies.

While we're on the topic of dogs, we're pleased to now offer FREE dog tags to local residents which can be picked up from our Customer Service Centre on Vincent Street. The tags can be engraved with your details and attached to your dog's collar to ensure they're easily identified if they become lost.

While you're in picking up your free dog tag, it's a great opportunity to make sure your registration and contact details are up to date on our system so your furry friend can be promptly returned to you if they wander off!



You can contact Council on 02 4993 4100 or www.cessnock.nsw.gov.au



For Sale

FERNHILL ROAD, DALWOOD

AUCTION

Saturday 14
October 2017
10am
"On-Site"



14.7HA Vacant land on Fernhill Road, Dalwood NSW 2335 Lots 12 & 19.

The only improvement is an old well from previous residence which is no longer.

BRANXTON



UNDER CONTRACT

'Down Town' Location

This weatherboard & terracotta tile family home has so much to offer. 3 large bedrooms main with built-ins, large lounge room with slow combustion fire & reverse cycle air conditioning, large eat-in kitchen, double garage & annex for the men & covered entertainment area for all your outdoor events. All this on a 950square metre block

ASKING \$365,000

NORTH ROTHBURY



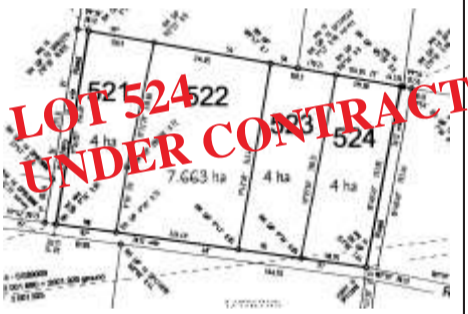
UNDER CONTRACT

'Jewel Box' Bush Cottage

This wonderfully fully renovated weatherboard cottage is set on a very large fenced block in the small hamlet of North Rothbury. Features include:- new bathroom, renovated kitchen, new decking front & back (both covered from summer evenings westerly sun), very large block, original floor boards renovated to near perfection, 2 bedrooms, 4 minutes to Hunter wineries & restaurants & 2 minutes to Huntlee New Town proposed commercial centre & other facilities. The home has a number of decor/design features that make this cottage a unique experience. A must to inspect
NEGOTIABLE

ASKING \$290,000

NORTH ROTHBURY



LOT 524 UNDER CONTRACT

Lots 521, 523 & 524 Littlewood Road,

Vacant blocks

4ha (10 acres) very private bush blocks. Fully Fenced & within minutes to Hunter Wine Country

ASKING: \$420,000 each

GRETA

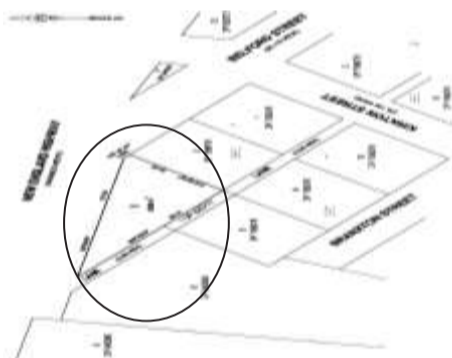


OLDER STYLE HOME IN NEED OF SOME TLC

This is an older style 3 bedroom weatherboard & tin cottage set on large enclosed block. Features include, lounge-room, sep. kitchen with good sized rooms. One for the handyman.

ASKING \$285,000

BELFORD



Vacant Land 2559m²

Vacant Land with building approved Lot 1 DP 1205549 Well over half an acre of good level block.

ASKING \$160,000 ONO

BRANXTON



JUST LISTED

Excellent family home in very popular street

This well established family home is located in the central part of Branxton. The property includes three (3) spacious bedrooms, separate lounge room, open plan dining area with slow combustion fire, neat kitchen, good sized bathroom, side access to single garage & rear decking overlooking a spacious backyard. This property has been very well maintained & is on 1011square metres; a quarter acre block.

ASKING \$365,000

Leased BRANXTON
5 bedroom modern family home on 3 acres
\$450/week

Leased BRANXTON
Lovely renovated Federation family home
\$430/week

For Lease GRETA
Modern 3 bedroom home
\$330/week

For Lease BRANXTON
3 bedroom older style home
\$370/week

We have had an extraordinary number of enquiries for home units & rental properties. If you can help please call Helen on 4938 3300





Branxton Lions Club was visited by the Lions District Governor, Glenn Byrnes, at a special meeting and dinner at the Royal Federal Hotel Branxton on the 5th September '17. The district Governor congratulated Branxton Lions for their past year activities and fundraising efforts in the community. Glen Byrnes reported on his visit to America as a delegate from Australia to the 'World Conference of Lions'. Lions are one of the largest service clubs in the world & are very proud of the fact that they respond with 'aid relief' world wide.

Photo: District Governor Glenn Byrnes



On the 2nd September '17 Branxton Lions Club had another successful fund raising event with a sausage sizzle at Bunnings, Singleton. Funds raised on this day will go to community projects. Branxton Lions Club is looking for new members to assist us to do what we do best and having fun while raising money for our community.

We hold our monthly meeting at Branxton Golf Club on the first Tuesday of the month at 4 pm. Please call Allan on 0427 381 311 or Ken on 6574 7027

Photo: Lions men & women



Branxton Lions Club had their 60th anniversary celebration dinner on 26th August 2017 at the Royal Federal Hotel in Branxton. The dinner was to mark 60 years of service by Branxton Lions Club to the community. Guests & past and present members attended.

President Brian Thomas officiated and introduced Mayor Bob Pynsent of Cessnock and Mayor Sue Moore of Singleton. Both spoke on the activities and service given to the community by Branxton Lions & congratulated them for their 60 years of outstanding service to the local community.

Photo: Two of the oldest members of Branxton Lions (L-R) Tony Ernst & Ron Hungerford

Rotary camp offers teenagers support

Although adolescence can be a challenging period at times, Rotary is offering the opportunity for young people in Cessnock and Maitland to develop and grow as part of a three-day camp at Myuna Bay.

Applications are currently open for the Rotary Youth Program of Enrichment (RYPEN) which encourages teenagers to develop life skills, whilst providing them with the knowledge needed to approach challenging situations and overcome adversity.

Rotary District 9670 Governor, Helen Ryan, said RYPEN offers young people the opportunity to engage with like-minded peers, while having fun and learning new skills in areas such as problem solving and public speaking.

"Rotary values the contributions of young people in our community, and we want to ensure they are equipped with the skills and knowledge to continue to make a difference in their area and town" Mrs Ryan said.

RYPEN is open to young people aged between 14 and 17 who will benefit from the opportunity to develop increased motivation, improved life skills, better self-image, pride in themselves and an understanding of setting and achieving goals.

"There are a variety of activities and programs over the 3-day camp that will challenge participants to think about their role in their community and how they can have a positive influence on the lives of others".

Local Rotary Clubs from Cessnock and Maitland will fund a young person's attendance at the Camp, including transport and food costs.

"Rotarians right across Cessnock and Maitland are interested in helping young people grow, that's why we want to provide them with the financial assistance to attend. All we want in return is for their time and participation".

"I would urge any parents, teachers or friends in Cessnock and Maitland who know a young person that would benefit from attending RYPEN to nominate them today. It is an opportunity not to miss out on" Mrs Ryan said.

The RYPEN Camp will be held at Myuna Bay Sport and Recreation Centre between 3-5 November 2017. Nominations close on 27 October 2017. For more information and to nominate please email rypen@rotary9670.org.au



Photo: (L-R) Branxton Lions Treasurer Tony Ernst, Rosary Park Catholic School Branxton Principal Will Callinan & Branxton Lions Vice-President Ken Meany.

Branxton Lions presented a cheque for \$1000 as a donation to help towards medical expenses for Rosary Park Catholic School teacher who is seriously ill.

Members say ...



Clr Melanie Dagg - Cessnock City Councillor - Ward C

POOL TIME IS NEARLY HERE!
The Pool season is upon us, and not a day too soon after the recent hot weather. Cessnock and Branxton Pools will open this Saturday, 30 September with Branxton's recently installed heat pump working to ensure a comfortable water temperature.

Council resolved at its last meeting that on days of extreme heat, subject to lifeguard availability and other weather extremes such as lightening, both Cessnock and Branxton Pools will remain open for longer hours. A decision will be made prior to 4pm on days of extreme heat and notification of the decision will be broadcast through social media and

other channels. Some light relief in the pool will certainly be welcome on 40 plus degree days!

Council also decided to trial Family Fun Days at Cessnock and Branxton Pools by offering free entry to families every Sunday from 10am until close, starting the first Sunday of the Christmas School Holidays until the last Sunday of February. This is a great initiative which will hopefully see the community take full advantage of this wonderful facility. I hope to see you there!

MILLER PARK MASTERPLAN - HAVE YOUR SAY

If you haven't already done so, make sure you take a look at the draft Masterplans for Miller Park, Mount View Park and Turner Park. You can do so online www.cessnock.nsw.gov.au/community/exhibition/ParkMasterplans or at Council's Admin Building, Cessnock Library and Kurri Kurri Library.

Written submissions should be addressed to the General Manager and will be accepted up until 4pm on Friday, 13 October 2017 via email recreation@cessnock.nsw.gov.au or post PO Box 152, Cessnock NSW 2325.

Submissions will be considered by officers and Councillors prior to the plans' adoption. Once adopted, the Masterplans will guide future works and infrastructure investment over the next 20 years. It is therefore vitally important the plans actually reflect the community's vision for these recreational hubs and continue to meet the needs of our growing population.

As always, I can be contacted by email melanie.dagg@cessnock.nsw.gov.au or phone 0409 404 898 and you can also find me on facebook, twitter and Instagram.

Cheers, Melanie

Kurri Kurri Aquatic and Fitness Centre offers free Learn to Swim lessons

Cessnock's youngest residents are being offered a free swimming lesson in the lead up to summer.

Kurri Kurri Aquatic Centre and Fitness Centre is part of a national initiative giving families an opportunity with children under the age of five to participate in one free swim lesson from 23 September to 2 October.

Cessnock City Mayor, Councillor Bob Pynsent is encouraging residents to take advantage of this wonderful offer.

"As we approach warmer weather families tend to enjoy their time together cooling off, whether it is in a pool, river, dam or in the ocean."

"It is vital our children, especially those under the age of five, have the opportunity to learn how to swim as this could save their life this summer."

Drowning is the number one cause of accidental death in children under five. This special event is a part of Learn 2 Swim Week which aims to see more children learning the vital skills of swimming to ultimately help reduce our drowning statistics.

Those interested are encouraged to visit <http://www.learn2swimweek.com/> and select Kurri Kurri Aquatic and Fitness Centre or contact the centre directly on 49371362 to make a booking.



RESIDENTIAL PROPERTIES TO LEASE

There is a strong demand for residential rental accommodation in the local area & our office needs more properties to sate the current demand. If you are contemplating renting your property please contact either Helen or Mike on 4938 3300

BRANXTON & VINEYARDS
REAL ESTATE
P: 4938 3300



ALP takes Mayoral chair with first ever female



For the first time, Maitland has a female Mayor in Loretta Baker, who has taken over from Peter Blackmore OAM who had been in the role since 1999. Along with a new mayor, six new councillors have joined the six re-elected councillors in making up the Council.

In a hard fought mayoral campaign it came down to Baker & Independent rival Philip Penfold with Penfold eventually conceding defeat prior to the official count being concluded. In a statement on social media Penfold said he had phoned Cr Baker to concede defeat and wished her well as the next mayor of Maitland, "As the distribution of preferences finalize it has become clear that I cannot make up the shortfall. Though I received most of Cr Wethered's allocated preferences as the count continued, the Liberals

preference deal with ALP made my prospects not possible as the count concludes. "I look forward to continuing as a councillor with my 3 other independent teammates, the 4 other ALP councillors, and 4 Liberal councillors. Once again, many thanks to our team's many dozens of volunteers and many thousands of voters for your support," the statement read.

Mayor Loretta Baker has lived in Maitland for 28 years and first became a Maitland City Councillor in 2008. She made the decision to run for Council as she saw it as an opportunity to further her interest in and commitment to social justice.

Loretta is a nurse with a strong interest in social issues, specifically health, transport and housing. For Loretta, being part of Council means she can be more involved in

all community members and have a say on the way the city develops over time. She is a major supporter of bringing change to Central Maitland, specifically paving the way for people to live in the city to be closer to essential amenities and services.

"If we can get people living in the CBD it will boost our economy and better our environment by increasing the number of people using public transport and decreasing the number of cars on our roads."

"There is opportunity for more cycle ways to be constructed in the city to encourage alternative methods of transport and reduce emissions." Loretta is also keen to see Maitland's heritage maintained in a practical way that preserves the integrity and value of our assets.

"I'm very interested in promoting adaptive reuse of Maitland's historical buildings so we can move forward while retaining the city's history."

In her spare time Loretta enjoys film, theatre and dining out. She is also an avid gardener and is inspired by Edna Walling's garden rooms.

Cr Baker, who will officially take over the mayoral reins at the next meeting of council which is this evening. She told Fairfax Media that she is very grateful to the people of Maitland.

"I'm excited, proud, humbled – a mixture of all those things & being named the city's first female mayor was "just a bonus", she said. "It was a really hard fought campaign, I really want to thank the people of Maitland and I'm looking forward to working for them and the city of Maitland."

Photo: Newly elected Maitland Mayor Loretta Baker.

Boxing Day trading for Hunter & Central Coast

Parliamentary Secretary for the Central Coast and the Hunter Scot MacDonald MLC has welcomed legislation passed by the NSW Parliament last week to permanently give retailers, employees and consumers the freedom to trade, work and shop on Boxing Day. The legislation follows a two-year trial and a comprehensive review, conducted by Professor Percy Allan AM, which found clear support for unrestricted Boxing Day trade among consumers, retailers and employees.

Mr MacDonald said this was an important win for the Central Coast and the Hunter and placed both regions on equal footing with the rest of NSW.

"The legislation is now uniform across NSW and ensures equal treatment for the regions" Mr MacDonald said. "I have had strong positive feedback for boxing day trading in those LGAs that were previously restricted"

"The legislation will bring benefits to local businesses and support local jobs. It will give both employers and employees flexibility." The legislation also provides strict safeguards to protect workers, with retailers who force staff to work on December 26 facing fines of up to \$11,000 per employee.

The Government has also agreed to conduct an inquiry commencing October 2019 to further assess the impact of the reforms.

Funding for Hunter ANZAC Community projects

Funding is available to help communities protect and repair local war memorials and to support projects which commemorate the service of current and former NSW service men and women. Parliamentary Secretary for the Hunter Scot MacDonald MLC today called for applications in the latest round of the Community War Memorials Fund (CWMF) and the Anzac Community Grants Program (ACGP).

The CWMF provides grants of up to \$10,000 for local war memorial projects, including conservation works and protection. There are two rounds a year each offering \$125,000, closing on Anzac Day and Remembrance Day. Meanwhile, the \$50,000 ACGP provides grants of up to \$2,000 to schools, community and veterans groups to educate the community on the service and sacrifice of military personnel, support activities benefiting veterans, and engage with the community.

Nominate a local young achiever

Nominations for the NSW/ACT Young Achiever Awards are now open and Cessnock City Council wants our local young achievers to be recognised!

Nominations are being sought in the following categories:

- Coffee Club Arts and Fashion Award
- First National Real Estate Leadership Award
- Freemasons of NSW/ACT Community Service Award
- Aboriginal Education Council Aboriginal Education Award
- Worldwide Printing Solution Sports Award
- Soroptimist International Women Creating Change Award

WFI Insurance Small Business Achiever Award
Cessnock City Mayor, Councillor Bob Pynsent is encouraging all residents to nominate a local young person into the NSW/ACT Young Achiever Awards.

"We have so many talented young people in our community and these awards are a fantastic opportunity to recognise their achievements," said Cr Pynsent.

The Awards will culminate with a Gala Presentation Dinner on Friday 20 April 2018 at the SMC Conference and Function Centre.

Category winners will each receive \$2,500 from Masonicare and a magnificent trophy. One of the category winners will be chosen as the NSW/ACT Young Achiever of the Year and will receive \$5,000 from Masonicare and a State trophy.

To submit a nomination, simply go online to www.awardsaustralia.com/nswactyaa and click 'Nominate Now.' Nominations close Friday 8th December 2017. For assistance please feel free to contact the Awards Office on 1300 735 445 or email nswyaa@awardsaustralia.com

They walk among us...!

We had to have the garage door repaired. The repairman told us that one of our problems was that we did not have a 'large' enough motor on the opener. I thought for a minute, and said that we had the largest one made at that time, a 1/2 horsepower. He shook his head and said, 'You need a 1/4 horsepower.' I responded that 1/2 was larger than 1/4 and he said, 'NOOO, it's not. Four is larger than two.' We haven't used that repairman since.

Our total sale was \$4.25, so I also handed her 25c. She said, 'you gave me too much money.' I said, 'Yes I know, but this way you can just give me a dollar coin back.' She sighed and went to get the manager who asked me to repeat my request. I did so, and he handed me back the 25c, and said 'We're sorry but we don't do that kind of thing.' The cashier then proceeded to give me back 75 cents in change.

Thank you!
I would like to thank all my family and friends who helped me celebrate my 80th birthday. A special thank you to my daughter Belinda who arranged it all. The Venue was absolutely beautiful and the service and food were excellent and mother nature gave us a lovely sunny day. All the ladies looked lovely in their spring attire and hats. Thank you all. I had the best birthday I have ever had and thank you for all my presents.
Aqua ladies
So far I have 3 garden beds the soil is coming, will take photos as they progress.
Val Randall, Greta

WANTED
Croquet players wanted to join friendly, established club at 8 John Rose Avenue, Branxton. Come and try for free, no experience or equipment needed. You'll have lots of fun! Phone Carole on 0249387234 or call at grounds between 9am and 12am on Tuesday or Saturday.

Branxton & Vineyards Real Estate
4938 3300
12 Clift Street, BRANXTON
.....for all your Real Estate needs
FREE PROPERTY MARKET APPRAISALS
M: 0412 566 041
E: thenews@hotkey.net.au
WEB: www.domain.com.au

You are invited to
Branxton's Annual Dress in Pink High Tea Fashion Extravaganza
featuring
Sue's Clothing Rutherford
With local models
Wednesday 11th October 2017
10.00am
Branxton Community Hall
Tickets \$15 to be prepurchased to Women's Cancer
Catering by Branxton Greta CWA Ladies
Helen 0427 047 024
Proudly supported by
Cessnock City Motor Group

GRETA WORKERS CLUB
2 WEST ST GRETA
4938 7325

MILLER PARK SPORTS CLUB
6 MAITLAND RD EAST BRANXTON
4938 1226

GRETA WORKERS

OAKS RESTAURANT

NEW CATERERS

**ADRIAN, MICHELLE
& DANIEL**

GREAT STEAKS & SCHNITTY'S
\$15.00

WHY NOT CALL IN?
YOU'LL BE PLEASED YOU DID
ALL NEW MENU

FRIDAY 29th SEPTEMBER
ROB WILSON

FRIDAY 6th OCTOBER
OUTLAW AVENUE

MEMBER'S BADGE DRAW

WEDNESDAY
27th SEPTEMBER - \$1,900

SUNDAY
1st OCTOBER - \$1,300

MILLER PARK

MEMBERS BADGE DRAW
THURSDAY 28th SEPTEMBER

\$5,000

SUNDAY 1st OCTOBER

\$5,000

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initially shared with the reader. As “The Dry” opens, he is back for 18 hours, tops (or so he tells himself). The circumstances are suitably ghoulish for a book that’s this much of a grabber:

Falk’s onetime best friend, Luke Hadler, has apparently killed his wife and young son before turning his shotgun on himself. Only a baby girl too young to tell tales survived the family’s slaughter.

Falk grew up to be a federal agent in Melbourne. He has spent half his life putting his history behind him. The only reason he has returned is a letter from Luke’s father that summoned him in no uncertain terms: “You lied. Luke lied. Be at the funeral.” So here we are, only on Page 7, trying to figure out what they had to lie about.

Ms. Harper throws out so many teasing possibilities that it’s hard to believe this is her first novel. And even harder to believe that she learned to write fiction via a literary agency’s online writing course. (She had already been a print journalist for more than a decade.) One trick the course clearly taught her was a basic of the crime genre: Make sure that nothing is what it looks like at first sight. People trying to solve the Hadler murder case — and to deal with many other troubles that erupt in Kiewarra during Falk’s stay — are reliably quick to jump to the wrong conclusions.

“The Dry” is a breathless page-turner, driven by the many revelations Ms. Harper dreams up for Falk during his visit. Eighteen hours? Did he really think he was going to get out of this memory-fraught town so quickly? He winds up extending his leave of absence from his Melbourne job and partnering with the only cop in sight, a very likable local named Raco, for a rogue investigation. Raco is one of the few characters in the book who is given



About Jane Harper Author

Jane Harper was born in Manchester in the UK, and moved to Australia with her family at age eight. She spent six years in Boronia, Victoria, and during that time gained Australian citizenship. Returning to the UK with her family as a teenager, she lived in Hampshire

before studying English and History at the University of Kent in Canterbury.

On graduating, she completed a journalism entry qualification and got her first reporting job as a trainee on the *Darlington & Stockton Times* in County Durham. Jane worked for several years as a senior news journalist for the *Hull Daily Mail*, before moving back to Australia in 2008.

She worked first on the *Geelong Advertiser*, and in 2011 took up a role with the *Herald Sun* in Melbourne.

In 2014, Jane submitted a short story which was one of 12 chosen for the *Big Issue’s* annual Fiction Edition.

That inspired her to pursue creative writing more seriously, and that year she applied for the Curtis Brown Creative online 12-week novel writing course.

She was accepted with a submission for the book that would become *The Dry*.

Jane lives in St Kilda with her husband and daughter.

much of a personality. The others conform to or violate Falk’s expectations. Either way, they are constrained. As for Falk, he’s too busy sniffing out clues and being haunted by terrible, puzzling flashbacks to have much mental space for anything else.

Falk retrieves his memories only gradually as he gets the lay of the land in Kiewarra — and learns to cope with the fact that just about 100 percent of the town’s population still blames and hates him. His flashbacks bring us back to that note that accused him and Luke of lying. About what?

Well, what else? A teenage girl who died long ago. She was beautiful and troubled, and at least one of the two must have been in love with her. Or both. Did they have anything to do with her fate? Did one cover up for the other’s crime? Did she somehow die by accident? Or is “The Dry” more Sherlockian, and is it better to think about evidence than old innuendoes?

In addition to its constant recovery of forgotten facts and little clues, “The Dry” skips along on frequent changes of focus. Ms. Harper’s energy is so unrestrainable that she tears off in a new direction every time Falk or Raco begins

seeing the case from some previously unconsidered point of view. What if the reinterpretation of a single word changes everything? (This actually happens. And if you enjoy being hoodwinked by writers in this way, you’ll love Ms. Harper’s sleight of hand.) What if even basic human emotions don’t count as excuses any more? “I loved her,” says someone who was close to the girl who died.

“Since when has that ever stopped anybody from hurting someone?” Falk replies.

This town does have more than its share of domestic violence, probably even in good weather. But the weather has driven everyone half-mad, so we wait patiently for full insanity to kick in. The dryness that gives the book its eerie title looms large in the novel’s finale, when certain kinds of weapons become even more terrible than those used to butcher the Hadlers. And a book with a secret on every page now has threats blooming everywhere, too.

“The Dry” has caught the attention of Reese Witherspoon, who has a solid track record for spotting novels with strong movie potential.

Top Ten ‘Best Sellers’ ~ Fiction NY Times

| | | | |
|----|---------------|----------------------------|------------------|
| 1 | 9781760552596 | Big Little Lies:TV Tie-in | Liane Moriarty |
| 2 | 9781509800100 | Dangerous Games | Danielle Steel |
| 3 | 9781925481396 | Truly Madly Guilty | Liane Moriarty |
| 4 | 9781742613949 | The Husband's Secret | Liane Moriarty |
| 5 | 9781743533062 | Big Little Lies | Liane Moriarty |
| 6 | 9781780895208 | 16th Seduction | James Patterson |
| 7 | 9781925481372 | The Dry | Jane Harper |
| 8 | 9781460751312 | The Fifth Letter | Nicola Moriarty |
| 9 | 9781760295929 | Jasper Jones (film tie-in) | Craig Silvey |
| 10 | 9781760551452 | A Dog's Purpose | W. Bruce Cameron |

THOUGHT OF THE WEEK:

IRISH TALKING CLOCK.

After closing time at the bar, an Irishman was proudly showing off his new apartment to a couple of his friends. He led the way to his bedroom where there was a big brass gong and a mallet. ‘What’s that big brass gong?’ one of the guests asked.. ‘It’s not a gong. It’s a talking clock,’ the drunk replied. ‘A talking clock? Seriously?’ asked his astonished friend. ‘YUP, it is’ replied the drunk. ‘How’s it work?’ the friend asked, squinting at it. ‘Watch this’, the drunk replied. He picked up the mallet, gave the gong an Ear-shattering pound and stepped back. The three stood looking at one another for a moment.....suddenly, a voice screamed out: ‘You A#S HOLE! It’s 3:15 in the MORNING!’



(Want some evidence? “Gone Girl.”) But Ms. Harper has made her own major mark long before any film version comes along.

REVIEW

Jane Harper’s ‘The Dry’ & The Top 10 Fiction Bestseller List © Nielsen BookScan

‘The Dry,’ a Page-Turner of a Mystery Set in a Parched Australia

Jane Harper’s “The Dry” is set in a parched Australian farming community within a day’s drive of Melbourne. It’s a region that hasn’t seen rain in two years, and the novel’s main character, Aaron Falk, is jolted to see that a rushing river he remembers from his youth has all but disappeared. Ms. Harper is not one to drop a fact like that without using it later. She has jampacked her swift debut thriller with sneaky moves that the reader has to track with care.

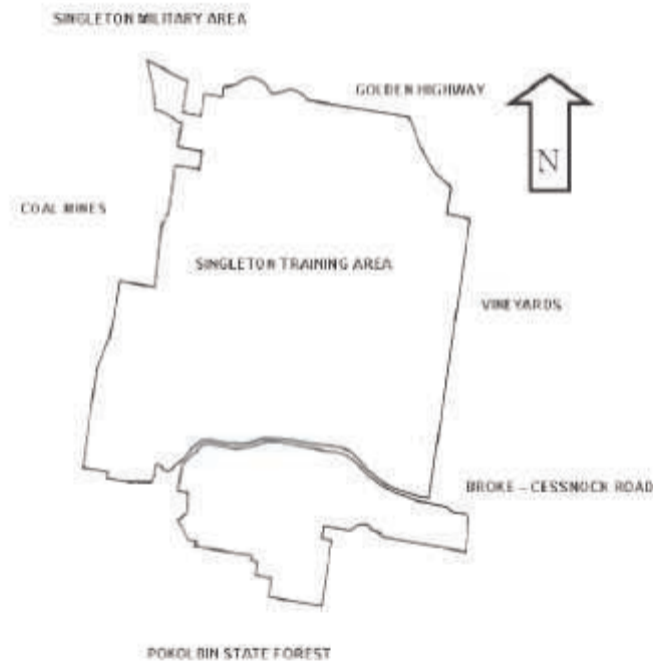
At 36, Falk has been a pariah in the town, Kiewarra, since his teenage years, when he was forced to leave town for reasons that are, of course, not



Australian Government
Department of Defence

DEFENCE FIELD FIRING RANGES

WARNING NOTICE



Residents of areas adjacent to Singleton Training Area are warned it is an Army Live Firing Range. Singleton Training Area is described generally as the area bounded to the south by Pokolbin State Forest, to the east by commercial vineyards and to the west by a combination of rural developments and open cut coal mines. The northern boundary is defined by the Golden Highway which separates the range area from the Singleton Military Area.

Firing practice using live ammunition are conducted continuously on this training area. Low power laser range finders are also used.

Death or serious injury may result from being struck by a projectile. Eye damage may occur when viewing laser beams from within the training area boundary.

Unexploded ammunition is extremely DANGEROUS and should NOT be handled, but should be reported immediately to the nearest Police Station or Army unit. No reward will be paid for the reporting of ammunition which may be located on the training area.

Persons found trespassing on Army Training Areas will be prosecuted.

Enquiries regarding the Singleton Training Area should be directed to:

The Range Control Officer
Range Control,
Directorate of Operations and Training Area Management
Range Road
Singleton Training Area
Singleton NSW 2331.

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The Broke Fair on Sunday, 10th September was another wonderful day, with the vintage cars, trucks and farm machinery and a great variety of stalls for the crowds of people leisurely wandering around and enjoying the day. The Branxton/Greta ladies outdid themselves cooking for the



Busy Branxton Greta CWA members and helpful Ernie at the Broke Fair.

Broke Fair and all were sold on the day. A BIG THANK YOU to all who

supported our stall on the day. Am sure all the cooks enjoyed seeing all their delicious cakes and slices being appreciated. Thanks to Roslyn Shearer, Cookery Officer, for organising all the labels and delegating who was cooking what (a huge job) and all the members for their wonderful cooking and for assisting with the packaging and for all who assisted on the day at Broke Fair. A GREAT DAY! On Sunday, 17th September, The Camp Quality Ride4Kids Bike riders arrived at the Old St Brigids School approx. 9.30am to receive a delicious morning tea to provide them with the necessary boost to finish their 1,000km journey over 10 days. We are very happy to let everyone know that the dedicated riders attained their goal of \$510,000. Branxton/Greta CWA were very happy to contribute, although in a small way, to assist the riders on their journey. Congratulations Camp Quality on all your good work.

Helen Scott has generously given us the opportunity of catering for the Branxton Pink High Tea/Fashion Event, featuring Sue's Clothing from Rutherford on Wednesday, 11th October at 10.00am - \$15 - to be held at the Branxton Community Hall. Tickets to be pre-purchased and will aid Women's Cancer. Please contact Helen 0427 047 024.

Denise McGoldrick, Publicity Officer.



The Camp Quality '1,000 K's 4 Kids' participants who were supplied with an amazing morning tea by the lovely ladies of the Branxton Greta CWA. The event took place over 10 days starting in Benalla in Vic and finishing at the Camp Quality office in Warners Bay. This is its seventh year and this year raised \$510,000.00 for our local kids impacted by cancer.

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Memorable sporting quotes

- * Former Footballer George Best "I spent 90 percent of my money on women and drink. The rest I wasted!"
- * Golfer Greg Norman "I owe a lot to my parents, especially my mother and father."
- * Dutch footballer Ruud Gullit "We must have had 99 percent of the match, it was the other three percent that cost us."
- * Tim Sylvia MMA fighter and UFC Champion "I'm the oldest I've ever been, right now."
- * The now-defunct Speed Channel, Bob Varsha was clearly watching something else altogether "The drivers have one foot on the brake, one on the clutch and one on the throttle."



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TAKE SOME GOOD ADVICE

How to change your email address without losing your friends

Think of all the places where your old email address resides, outside of your immediate control, waiting to give people plenty of false information. There are other people's address books, old messages in people's inboxes, websites that use your address as your logon name, and your business cards. Changing your email address can be quite a chore.

1. Keep the old address for a little while

The first thing you need to do is check with your old mail provider and find out how long you can keep the old address and at what price. It's probably worth the money to keep it for at least a few months.

2. Tell your contacts, but bcc: please

Then you need to tell everyone about the change. Using your new address, send an email to everyone in your address book—friends, relatives, and business associates. Address the message to yourself (again, with the new address), and BCC everyone else. The BCC part is important. Providing everyone with everyone else's email address is going to get people angry—especially if some people Reply to All.

3. Auto-forward and auto-respond

Set up your mail client to receive messages from both accounts. Check the client's features to see if there's a way to send an automated response in reply to any message coming from the old address—and only the old address. The message, of course, should remind them to use the new address.

You might also want to set up your client to separate messages by the Send To address. That way, you can really see who's still using the old address.

For instance, if you use Gmail, you can create a filter that can move the message to a label (Gmail for *folder*) or put a star next to the message:

* Click the tool icon near the top-right corner of the webpage and select *Settings*.

* Click the *Filters and Blocked Addresses* tab.

* Go to the bottom of the page and click *Create a new filter*.

* In the resulting dialog box, enter your old address in the *To* field.

* Click *Create filter with this search* in the lower-right corner.

* Check one of the options. I suggest *Star it* or *Apply the*

label and create a new label.

* Click *Create filter*.

Set Gmail to redirect messages sent to the old address to another location.

4. Update your site logins and subscriptions

Meanwhile, go through all of the websites you log onto via your email address, and change your account information to reflect your new address.

Do the same with mailing lists. If you subscribe to a blog, a newsletter, or just a group of friends, make the change so you won't fall off the list.

5. The lazy way out

You can avoid a lot of these hassles if you decide to keep the old address indefinitely—especially if the old address is cheap or, better yet, free. You can phase it out at your own pace, or make it the repository for all your junk email.

6. Other ways to make email addresses easier to manage

On the other hand, you may want to lose the old address precisely because of all the garbage that fills its inbox. If that's the case, you need to protect the new address as well as junk the old one. Sign up for a service that provides disposable email addresses that forward messages to your real one. If you're worried about giving someone your address, give them a disposable one. I use Blur, a free Firefox and Chrome extension. Other options include spamex and mailshell. Finally, consider buying your own domain name, and using an email address from there. No one can take away your email address if you own the domain. Domain hosting prices can vary widely, so shop carefully. Speaking of expenses, remember to reprint your business cards, too.

Mac Attacking Malware Could Steal Your Banking Credentials



If you are an Apple user and thought your computer was immune from viruses and spyware then think again. There is some new malware making the rounds that can infect your Mac OS based computer and do things such as steal your credentials and display fake banking sites and it's really hard to remove.

This malware is called OSX/Dok and it was discovered earlier this year and it

disables security updates and redirects attempts to reach Apples antivirus servers back to the local computer. It can also tell when you are trying to go to your banking site and redirect you to a fake one somewhere else. Once you sign into this fake site your credentials are stolen and it uses your location to determine how it attacks your computer.

Apple uses a program called GateKeeper that is designed to prevent installations of unsigned applications by attaching fake certificates to the malware. Apple is trying to revoke these certificates but there are so many that it's hard to keep up.

The malware is being distributed by phishing emails that try to fool you into believing you have some sort of tax or financial situation that needs to be taken care of immediately.

There will be a zip file attached to the message and once its opened then the infection begins. OSX/Dok is hard to detect and get rid of and for now Apple doesn't have a security patch so time will tell how bad the infections get.

Home Free Antivirus

When trying to keep your computer safe it seems that there are way too many options to choose from when it comes to antivirus software. Of course there are the big players such as Symantec/Norton and McAfee as well as the better free options such as AVG. You may think that you need to go with one of the big pay for brands to get the best protection but that is not always the case and in fact some of the do not perform as well as the lesser known brands or free versions. Plus some of these bigger names are resource hogs and can actually slow your computer down because they are trying to do more than your computer needs.

Sophos has been around for a long time but tend to focus more on enterprise level antivirus and malware protection rather than making software for the home user even though they do that as well. However, as of this writing they only come in 3 packs so you can't just buy a single license. Sophos also provides a bunch of free tools such as firewall, virus scanners and malware scanners.

One of their great free products is called Sophos Home and they have a Windows and Mac version of the software. The way it works is that you install the client onto your computer but it will be managed online at the Sophos website. This way you can add multiple devices to one account and manage them all at the same place.

The software will protect you against viruses and block you

from going to malicious websites.

When you install the client software you will be asked to create an account with your email address and a password. To configure the software you just simply double click the Sophos shield icon in your system tray or find the Sophos folder in your programs.

After opening the Sophos client you will see the local interface for the software which shows you a summary of what's enabled and tells you if the automatic virus protection is on or off. From here you can also do things such as start a manual virus scan or add exceptions to items that you don't want scanned or that you consider safe. You can also add exceptions for websites that you don't want blocked if you know they are safe but may come up as a threat in Sophos.

Clicking the Alerts button will show you any current alerts Sophos has found on your computer and give you the option so ignore or clean them from your computer. Clicking on the Home Dashboard button will open the web console on the Sophos website for your account and show you all of the devices registered with your account. In our example we just have one computer associated with this particular account.

Clicking on the device name will open up its properties allowing you to see alerts and device events related to threats, websites and other event types. You can also allow, clean or ignore threats from here.

If you click on Configure it will bring you to a new page where you can change a variety of settings. You can turn off specific items such as malware protection, website blocking and malicious application protection. For the website blocking feature you can change allow or block settings for a variety of categories such as adult and gambling sites. By default everything is enabled so keep that in mind if you want to fine tune your settings if you have children for example. Even with everything enabled it will still block known sites that may harm your computer no matter what the category is.

Finally you can change your exceptions for files and websites from this area just like you can from the local client but the advantage here is that if you have other devices linked to your account you can change their settings without having to do it from the other devices themselves.



MOVIE REVIEW

IT



Stephen King's *It* is a Call for Solidarity Among the Traumatized Amid the shock and gore, the new Stephen King adaptation is a devastating account of childhood trauma.

By Josephine Livingstone
September 12, 2017

"I need my bifocals," the hypochondriac kid announces. He's tending to a wound on the belly of the fat kid, put there by a bully. Around these two cluster the Jewish kid who wears a kippah, a kid with big glasses, a kid everybody calls a slut, and a kid whose little brother is dead. "They're in my second fannypack."

The new adaptation of Stephen King's novel *It* opened to massive success this past weekend, raking in an enormous \$123.1 million as of Monday morning. *Variety* cited a media analyst who attributed the movie's splash to the "universality of the fear of clowns." That fear may have drawn audiences to the movie theatre but, as the gaggle of losers tending to their wounded comrade showed, this movie is also a about comradeship: it's an exhortation to solidarity among the traumatized in the face of fear.

A little boy named Georgie follows his paper boat along the stream coursing down the gutter of his street. When the boat drifts into the sewer, sweet Georgie goes to retrieve it. Two eyes glow up out of the darkness, followed by a big nasty smile. Georgie does not come back. In the wake of Georgie's disappearance, his grieving brother Bill is haunted by a violent clown. The clown starts appearing to his friends. When the clown appears to each misfit, he is preceded by a personification of each of their greatest fears. Beverly (Sophia Lillis), whom we see earlier gingerly buying a box of Tampax, is drenched in blood which comes spurting out of her bathroom sink like a geyser of medical waste. Mike (Chosen Jacobs) watched his parents die in a fire, so he sees burning fingers clawing around a door. In turn, each child is targeted and gets away. They decide

as a group that in the end they must come together to face down this abominable clown, and that only in their unity will they find the power to do so. Although the clown, Pennywise (Bill Skarsgård), is corny and silly—his theme tune is "Oranges and Lemons" and he does a stupid dance—the pain enacted upon these children feels very real. Things have been done to them by adults. Most of them keep their pain a secret. Members of the group are subjected to child abuse, both sexual and violent, while others are stigmatized for their slight deviations from the town's norm (fat, Jewish, black). In the form of the local bully, Henry (Nicholas Hamilton), that stigma is converted into physical pain. It's the new kid, Ben (Jeremy Ray Taylor), who figures out that the clown is a sort of inherited curse in the town. Unfortunately, part of the answer is that the clown lives in the sewer, so that's where they have to go to find him. In several scenes, the Losers (the gang's name for itself) wade through disgusting water in the local sewer. The water



is several times described in the script as "graywater," which is actually the pretty clean wastewater that drains from washing machines and sinks and so on (blackwater is the stuff with the fecal contamination). But the water is full of gross objects and the clown has a habit of rearing out of it. The water is a place where rain and memories of the dead and fears about contamination and disease all mingle. That water's path is the one the Losers have to follow.

Sewers, sewage, and plumbing are a much-decorated movie trope. As Slavoj Žižek describes in *The Pervert's Guide to Cinema* (2006), the bathroom is a kind of threshold, symbolically. When we flush or rinse or otherwise send something down the pipes, we banish that material to a kind of unimaginable netherworld. The invisibility of that netherworld is precisely that which defines our concept of hygiene, the habitability of our homes. But when something lurks down there and threatens to come back up the pipes—that is true horror. Wastewater, for Žižek,

symbolizes a great and terrifying darkness: a dimension in which unknown forces are at work, a place where all the dark and scary things we do not understand live.

So, a clown that lives in a town's sewers lives in the dimension of the community's real but suppressed darkness. Children are the powerless recipients of generation trauma, the violence and perversion which haunt any human settlement, but which are denied and therefore left unaddressed. When the gang of Losers plumb the depths of the sewers to redeem the lost kids of their generation, they enter into a dimension of waste and shit and trauma and violence. They take iron spikes with them in their backpacks. In the movie's final scene, the Losers bind themselves as a group through blood-mixing. They slice their hands with glass and then press them together. The film is set in the mid-eighties, and earlier scenes in the movie had invoked AIDS and the fear of contagion (the germophobe kid had heard of a lady who got AIDS from just touching a pole). The culmination of this ragtag gang's bond therefore also marks the transcending of stigma and the shedding of a final kind of fear: the fear of illness, and the fear of the death that lies beyond illness.

The actors of *It* are universally good. Special praise should go to Jack Dylan Grazer, the kid with the second fannypack, who blends his neuroticism with slyly saying "fuck" a lot, and Finn Wolfhard, the one from *Stranger Things*. The cinematography of *It* dwells in the loose light of summer vacation; thick late-afternoon light plays in grass, knees are skinned and bicycles ridden. The music (The Cure, Wire) imports historical atmosphere.

I'm no expert on Stephen King, and I leave it to other writers to weigh up this movie's faithfulness to the canon from which it derives. But a look into the grief of children can only come across in a movie that's been put together well, and this one has. Go expecting jump scares, and you will be rewarded handsomely. But you'll also find a well-crafted meditation on the pain that communities refuse to see and the effect that pain has on the young and powerless. It is study in trauma to match the best of them.

3.5/5



'Let us celebrate the occasion with wine and sweet words' **Plautus**

..... enjoying the Hunter Wine lifestyle with Andrew Marsh of Marsh Estate Winery, Pokolbin



When gifted American architect, Alfred Mosher Butts (his parents clearly encountering a certain 'je ne sais quoi' when naming their offspring) invented a game he called Lexiko (after a Japanese lady-boy bar in New Mexico

..... not really.....maybe?), he had no idea that it would evolve into one of the most popular board games in the world – Scrabble! The word scrabble means to 'scratch frantically'. To me, scratching frantically sounds like fun, which is why you will find me sitting in front of a Scrabble board, looking dumbfounded, wondering what all those small plastic letter pieces are and curiously scouring the board in confusion.

A few weeks ago, I was fortunate enough to be floating on a boat in the middle of the Indian Ocean somewhere (don't ask – it's better that way), when a beautiful and delightful member of the opposite sex (again – ssshhh!) suggests a quiet game of Scrabble.

"UuuummmmI don't know about that.....how long are your fingernails?"
"What?"
"Nothing!"

Having not played Scrabble for close on twenty years, I was up for the challenge....."Oh goody, Scrabble!" What my Scrabbling partner was not acutely aware of however, was my incessant ability and carefully nurtured and constructively attuned flair for the English language. In fact, not just the English language – but the Queen's English! Years of tutoring and grammatical lecturing has afforded me a rather grand and enchanted relationship within our literary world. This privileged background was none more evident than upon the construction of my first word....."F***!" "Let me see.....four, plus one, plus one, plus four is ten, with a double word bonus.....20!" I excitedly shout. As I am not intimately familiar with all of Scrabble's painstakingly rigid etiquette, my playing partner shoots me a withering look of contempt, as if to suggest that my lack of taste for a more appropriate adjective precluded further fraternisation. She responds, "C...O...N...T...R...O...L". Nice one. Back to me. "TO.....T...O.....TO". No comment.

Board games are a rather inane use of one's time and energy, yet there exists a wonderful, meditative and comfortable blanket of familiarity surrounding this ceremony. It is as if an unwritten union between you and your past is allowed to meld within that timeframe and exist without judgement or regret. The moment a board game is placed in front of me, an instant feeling of child-like gratitude fills the air. In fact, you could probably place a rotting pumpkin in front of me and detect the same response, so please forgive me for misguiding you there. The thing about playing a board game is that there is no looking after employees, no BAS statements, no meetings with accountants, no tax evasion officers.....ok.....we might leave it there.....you get my point.

It is simply you in your primal element, which brings us to a fine point. Playing board games gives us an hourglass peek at one another's lives. How you approach a board game is in many instances a reflection of how you approach life. For example, a dear friend of mine and I used to play a lot of chess whilst at school. Before a result had been attained, he would wipe the entire board of all its pieces in a frustrated flurry and either tell me to go to hell or declare a new game, as there was no way he could win. What the ??? Did he approach his life in the same manner? I will endeavour to leave that in your capable hands, however three failed marriages, forty-six thousand jobs and a financial burden which would sink a country by the ripe old age of forty, could possibly suggest that to be the case.

Of course, that is a dramatic example, but relevant nonetheless. In stark contrast, my Scrabble partner exhibited an almost mystical and seamless patience between turns, smiling periodically from which I gained the impression she was either lost in her own little world of alphabetical fairyland or she was simply enjoying the moment. Surely that is the key to even attempting a board

game, right? To smile! To laugh! To have fun! If board games have you huffing and puffing and becoming frustrated and anxious, you need to address an internal struggle of some kind, or simply follow your natural instincts and wipe all the pieces and cards from the board, tip it upside down, yell a few expletives and tell everyone to go and get stuffed!!! Either way.....it's your choice!

Another interesting observation which I may delicately bring to the table is the difference between playing a board game with a complete stranger as opposed to playing a board game with your husband or wife. Yes, I know! From the overly polite pleasantries shared between the former to the calculated, presumptuous, scathing territory of the latter, one may correctly assume that there is no grey area between these two.....

'F...L...I...R...T...I...N...G'
"Oh, Wow...good one!! Great word...well done!!"
Or 'F...L...I...R...T...I...N...G'
"HHHHhhmmmm!! Trust you to come up with that one!! Exactly what you were doing the other night at"
"What! Bulls***! I was just talking!"
"You were flirting!"
"Wasn't!"
"Was!"
"That's 13 points anyway."
"Stuff your points up your....."

..... And as we meander into another dimension of Scrabble, there exists a point within the game where you are resigned to believing you are a complete moron, the same point at which you literally cannot successfully construct a word. The honest and diligent among us resolutely wave the white flag and miss a turn, whilst the rest of us, in a highly sophisticated (suspect) and controversial (dodgy) manner, attempt to defraud both the English language and our opponent's intellect by masterfully 'designing' a word, brilliantly covering a triple letter and triple word score and once doing so, obnoxiously sitting back as if everything is in complete control. If any player has never heard or understood the word at hand, they are possibly best to remain silent and be thought a fool than to speak out and remove all doubt. But they just have to speak out, don't they!

"Here we go.....truzzled...
T...R...U...Z...Z...L...E...D.....truzzled.
That'll be two, three, five, fifteen, twenty-five... thirty!! With a triple letter on that Z and a triple word score forWow...91!!
"Truzzled??"
"Yeah, truzzled!"
"Use it in a sentence!"
"Uumm...Uuuummm...I became truzzled when I dejected manamatically from the distinguished, polypashed mountain.....lucky to survive that, actually!!"
"What?? Truzzled is not a word....I'm going to look it up!"
"Go ahead."
"The Oxford Dictionary doesn't recognise it!"
"Well, of course that silly old thing doesn't it was written a billion years ago!"
"Yes, that may be so but it doesn't recognise dejected, manamatically, distinguished or polypashed either!"
"You know what BANG!
....BANG!....CRASH!....@^\$%# I'm not playing anymore you can all go and get stuffed!!!!!!!"

Cheers, Andrew

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You can e-mail, fax or simply drop your or into our office:- 12 Clift Street, Branxton or Fax: 4938 3301 or E-mail: thenews@holkey.net.au
All contributions welcome

and

A very BIG thankyou to the local residents of Greta, Lochinvar and Branxton who have signed the petitions in the local business houses in Greta, Lochinvar and Branxton in support of keeping the proposed New Maitland Hospital PUBLIC! Over 900 signatures so far... A huge thank-you to the business houses who have supported the petition! 10 000 signatures were presented in Parliament last Thursday 14th September by Member for Maitland, Jenny Aitchison. Every 10,000 signatures means a presentation in Parliament and represents great Community support! Huge Community support has forced the Government to overturn their decision for 3 Hospitals in this state, Goulburn, Bowral and Wyong, earmarked for Public/Private operations, to remain PUBLIC! We are seeking the same for Maitland...

A BIG thankyou to our local plumber Brett Hubner who attended to a sewage problem I had at my home in Branxton. Not only did he come some distance to see what the problem was but also organised Hunter Water to come & fix it & he refused any money.

To the Hoons who ran down a kangaroo & joey in a fenced area on Lake Folly Drive, East Branxton; they are brain dead & sons of bitches who need a bullet to put them out of their misery. I hope they get their just desserts.

Classified's Classified's

Cost:- For one-off domestic advertising The News will not charge you. Otherwise it is \$2/line.

Computer Tuition: From basics to highly skilled & learn all about ebay. P: 0429 381 908
Computer Services: Repairs, Sales & Service. Phone repairs. Comtronics P: 4991 1128
For Rent: Branxton RSL Hall, air conditioned. Short or long term. P: 0429 438 460
For Sale: 40ft. shipping container in excellent condition, for sale \$3000. Inspect at John street. Rutherford. Ph. 49345913 1491nofrackingway@gmail.com
For Sale: Old collectable rabbit traps from \$10ea. Also 180amp welder as new with gloves & helmet \$50 P: 0421 102 711
For Sale: Tractor & Slasher. Fiat 415, 4 cyl, roll bar, hi & lo range, spare PTO shaft & original operators manual. Recently serviced \$5500 P: 0428 684 400
For Sale: Ride-on Greenfield mower. 16HP, 4-stroke OHV. Operators manual plus tilt trailer to suit. \$3750P: 0428 684 400
For Sale: 325 Litre Kelvinator Fridge Freezer. 12 years old & in good condition \$100 P: 4938 1836
For Sale: Free range eggs. \$4/doz Greta 0412 976 809
For Sale: Firewood. Ironbark & well seasoned. 6x4 trailer \$80 - pickup P: Greg 0411 315 548
Guitar Lessons: Branxton. Limited places available. Please inquire soon. P 4938-3380 or 0409-038-271.
Microchipping: Cats and Dogs, all sizes and breeds, will come to you. \$20 per animal, please call Angela on 0431649947.
Mobile Travel Agent: 20 yrs experience. Will come to you for expert holiday planning. Obligation free appointments. P: 1300 365 68 (ext 595) M: 0404 831 867
W: www.mlatravel.com.au/sfenton
E: sfenton@mlatravel.com.au
Fitness Classes: 'Core & Strength'. Get fit. Classes are 6am and 10am Tuesday, 6am and 8am Thursday, at Miller Park Branxton \$12/class. Text/Phone Louise P: 0439 383 478
Riding Lessons: agistment, horses trained. www.byalee.net 0407 453 494
Share accommodation: Close to transport & shops, quiet street Branxton: off street parking. \$150p/w includes power & water P: 0423 288 067

Share House: Fully furnished, double bedroom, Built-ins, ceiling fan, Air Con, very quiet. \$165/week. P: 0413 896 866
Wanted: high quality mechanical wrist watches & clocks Keen collector. Willing to pay good prices. Prefer Rolex, Omega, Oris & Tag. P: 0414 757 826
Wanted: all kinds of Honda mini bikes qa50 z50a z50j z50jz ct70 st70 & atc70. Contact Drew 0435814841
Work Wanted: HAVE UTE WILL CARRY. Need something moved? Phone Phil on 0447 381989
Work Wanted: Need an extra hand? I do all maintenance, labouring, construction, asbestos & have working with children licence. P (Pat) 0414 278 292
Work Wanted: Lawn Mowing; best rates - large or small area. P: 0459 123 397
Work Wanted: Lawns mowed, rubbish removal & slashing. Also 'Bobcat' work, trenching & post hole boring & general maintenance & handyman work. Phone Steve on 4938 3601
Work Wanted: HORSE CLIPPING - PERFORMANCE READY. Hunter Valley & Central Coast. Phone Caron 0416 128 701
Work Wanted: Lawns properties, mowing, trimming, removals, maintenance. Paul 0478103814 or 49987567
Work Wanted: Sick of cleaning, cooking dinner, washing. Call me! Taking bookings now. Professional and reliable service. Sue 0497257081
Work Wanted: Rural Fencing (TW & A Hollingshed) P: 4998 1583 or Trevor on 0429 320 787 for quotes.
Work Wanted: experienced baby sitter looking for work. Very reliable P: 0458 606 804
Work Wanted: Lawn & Garden Maintenance, P: 4938 3753
Work Wanted: Piano teacher available to give lessons P: Phil Aughey on 0447 381 989
Work Wanted: Contract stock work with horses & dogs. Design & building wooden stock yards - rural fencing P Shaun: 0416 226 538
GO TO FOR FURTHER DETAILS
<https://www.facebook.com/groups/>

The "For your Diary" section of The News is a FREE community service.

Dates for your diary >

Dates for your diary >

Wed 27 Sept ~ Open Day Branxton Greta Men's Shed and Womens Craft Group @ 49 Branxton Road Greta (in the grounds of the old St Marys Public School). 9am to 12noon.
Thur 28 Sept ~ Cessnock Prostate Cancer Support Group meet at Cessnock Leagues Club 3pm. Guest speakers: Tate Higman- Martelle Malhotra from Cessnock Plaza Pharmacy. Topic: Information about the benefits of Zinc and the important role it plays in men and women's health. Also members can receive a FREE Zinc deficiency test on the day, if they wish. Members of the public welcome. Teal coffee provided. More contact- Barry\ Rose 49904554 - 0457073852
Fri 29 Sept ~ Close of Expressions of Interest for the management of the Cessnock Civic Indoor Sports Centre.
Tue 3 Oct ~ Lions Club of Branxton monthly meeting: 4pm at Branxton Golf Club
Tue 3 Oct to 12 Oct ~ Free touring display featuring May Gibbs iconic works at Cessnock Library
Sat 7 Oct ~ The 2017 A-Plus Contracting Hunter Valley Mining Charity Rugby League Knockout Competition in support of the Westpac Rescue Helicopter Service @ Singleton's Pirtek Park
Sun 8 Oct ~ AGM Greta Workers Club 10am Greta Branxton Colts
Mon 9 Oct ~ Branxton Public School: First day of Term 4
Tue 10 Oct ~ "Night Time Bingo" at Greta Workers Club 7pm start
Tues 10 Oct ~ B/G CWA Staff Room, old St Brigids School, Station St, Branxton
Wed 11 Oct ~ Brxt Annual 'Dress in Pink High Tea' & fashion extravaganza. 10am Brxt Community Hall
Sun 15 Oct ~ St Brigid's Markets 9am ~ 1pm
Sat 21 Oct ~ Greta Camp Family Get-Together

OCT/NOV B/G CWA Land Cookery/Product Promotion (Native Finger Lime) Day, Venue and Date TBA.
Fri 27 Oct ~ Kurri Kurri 115 years birthday celebrations dinner at Kurri Bowling Club \$70/head. RSVP 30/9/17 P: Maria 4937 1417
Wed 1 Nov ~ AGM Branxton Greta Business Chamber 6:30pm @ Branxton Golf Club
Tues 7 Nov ~ Lions Club of Branxton monthly meeting: 4pm at Branxton Golf Club
Tues 14 Nov ~ B/G CWA Staff Room, old St Brigids School, Station St, Branxton
Sun 19 Nov ~ St Brigid's Markets 9am ~ 1pm
Tues 5 Dec ~ Lions Club of Branxton monthly meeting: 4pm at Branxton Golf Club
Fri 8 Dec ~ 2017 Christmas Spectacular at Branxton Golf Course
Tues 12 Dec ~ B/G CWA Staff Room, old St Brigids School, Station St, Branxton
Sun 17 Dec ~ St Brigid's Markets 9am ~ 1pm CANCELLED

Helen Lowing, Proprietor - License-in-Charge

BRANXTON & VINE-YARDS REAL ESTATE

12 Clift Street
BRANXTON NSW 2335
P: 4938 3300



Kirkton Public School News

Assembly Awards 20th September

The recipients of awards are:

K/1/2: Taymin *Excellent recall of number facts*, Jayden *Excellent progress in Literacy*, Lochlan *Super Skills in Numeracy*, Gracie *Pleasing progress in Reading*, Library Jayden *Always being on task*, Jordan *Keeping the Library shelves tidy*, Audrey *Helping in our Library* & Zara *Helping in our Library*.

Flora Awards

Gracie *Achievement*, Willow *Learning*, Eva *Achievement*, Jaxson *Achievement & Learning*, Zara *Achievement & Respect & Friendship*, Wyatt *Opportunity*, Lochlan *Opportunity*, Jayden *Achievement & Learning* Andre *Opportunity*, Taymin *Learning* & Rhys *Learning*.

Last week's assembly saw the awarding of many students with either their bronze or silver award.

Congratulations to the following students. These students will be having a special reward of movie and popcorn tomorrow.

Bronze ~! Ethan Smith & Colby Howden **Silver** ~ Jacqueline Loss, Lachlan Perry, Drew Standen, Riley McKewen, Millie Standen, Zeb Treacey, Connor Folbigg, Indigo Mayo, Swae Howden & Audrey Dennis.

Branxton Public School

Congratulations to 1-2T for winning the P&C's 5 cent Fridays challenge. They were rewarded for their efforts with an ice block from the canteen! Altogether the students and staff raised \$467.75. Well done.

Earlier in the year we raised money for Camp Quality's 1000ks for Kids bike ride. A team of riders bearing the Branxton Public School emblem completed the epic journey on Sunday 17th September, raising over \$300,000 for the charity. Congratulations to the team and thank you to Miss Towns for keeping us updated on their progress. The Zero Bully presentations were well received throughout the school, including by parents. While the message varied for each stage, the focus was very much on being an upstander, not a bystander. Cyberbullying can become a very serious problem with our young people so we encourage you to speak to your children about what they discussed in their session.

Kindergarten and Stage 1 students enjoyed a fabulous Sports Carnival in Week 9. Thank you to Mrs Nimmo for organising a wonderful day, including the weather! The photos tell the story of the day – lots of smiles and participation and thanks need to go to Mrs Goodyer for taking them! There are plenty more on the school's Facebook page.

Anyone interested in the 2017 P&C Sydney Shopping Trip Fundraiser please contact Sharna on 0439 891 985. Guaranteed to be an entertaining day with raffles on the bus and visits to Birkenhead Point and Direct Factory Outlets at Homebush for bargain retail



≡ Camp Quality riders



≡ 1-2T with their prize

shopping. Pick up and return to Branxton on Saturday 28th October. Book your seat on the bus to avoid disappointment. Tickets are \$45pp and can be paid via direct deposit.

The last day of Term 3 included a PBL Assembly and Rewards afternoon. We also had an out of uniform Year 6 fundraiser. It's so great to see so many family and community members attending our Assemblies and celebrating the positive behaviour of our students.

Kindergarten enrolments are still being accepted. Just pop in to see the friendly Office Staff or phone the school on 49381214 for more information if you have a little person to enrol for 2018.

Dates for the Calendar

- Monday 9th October – First day of Term 4
- Thursday 19th – Stage 1 Murrook Cultural Centre excursion
- Friday 20th October – Kindergarten Reptile Park excursion
- Monday 23rd October – Stage 3 Canberra Excursion

At Branxton Public School students, staff and community are Respectful, Responsible and achieve their Personal Best



Greta Public School

With Sarah-Jane Hazell
Relieving Principal, Greta Public School

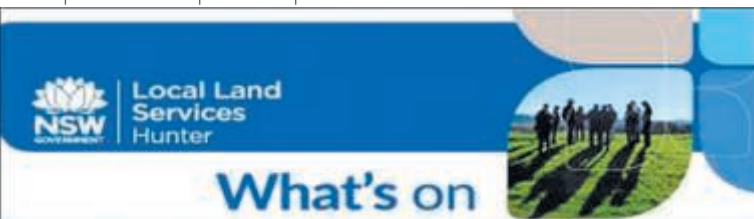
more days if we can't find anyone to help out. Can you spare a day each week, each fortnight, each term or each month? Do you have an aunty, uncle, friend, or neighbour who might like to help us? Volunteer hours can be counted towards the Work for the Dole scheme.

If you can help, please contact Yasmin on 0402676825

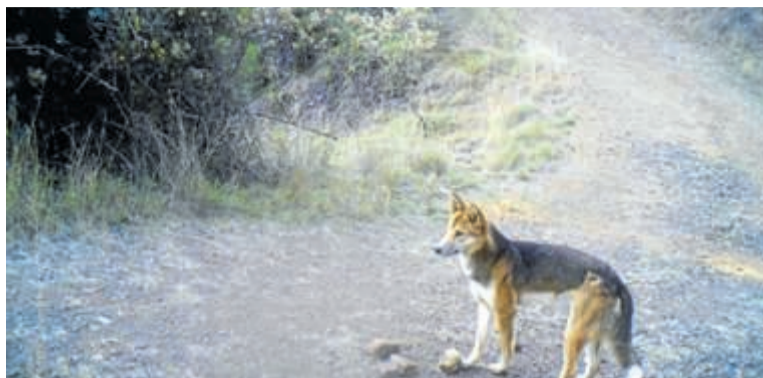
URGENT – We need you!

Our canteen can't stay open without new volunteers. Our canteen is in urgent need of volunteers. At the moment we are open four days a week, but we may need to close an extra one or even two





EXPERT HELP TO CONTROL WILD DOGS IN THE UPPER HUNTER



A first of its kind wild dog control program will be launched in the heart of the Hunter Valley's sheep producing region next week, as the NSW government works with landholders to control pest species. The Upper Hunter Professional Wild Dog Controller Program is a partnership between the Hunter Valley Combined Wild Dog Association, Hunter Local Land Services and a number of key investors.

The program is worth nearly \$1 million over the next four years, and would not have been possible without a significant grant from Australian Wool Innovation.

Other program partners include Glencore, Yancoal Australia, Bengalla Mining Co, National Parks and Wildlife Services, Forestry Corporation and Feral Scan.

The program will see the creation of a pool of Professional Wild Dog Controllers, who can be called upon by landholders to help control wild dogs after direct attacks on livestock.

The program will be run in conjunction with wild dog management plans currently being upgraded across the district.

It will see increased services available in the Singleton, Muswellbrook and Upper Hunter local government areas, targeting problem wild dogs and helping reduce attacks on livestock and native species.

It comes after a successful pilot controller program in 2017, which was made possible thanks to joint funding from the NSW and Australian governments. Upper Hunter MP Michael Johnsen said helping land managers meet their biosecurity requirements is a priority for Local Land Services and the NSW government.

"A combined program of this size has not been attempted in the Upper Hunter before," he said.

"Working together with a nil-tenure approach gives land managers the best chance to reduce the devastating impact wild dogs have on livestock and native species.

"We welcome the investment from all the parties involved to deliver best-practice control measures across the Upper Hunter, to assist local farming families taking responsibility for their biosecurity requirements."

The program will be formally launched at "Gundibri Station" Merriwa, 18 September 2017.

Members of local wild dog associations, sheep producers and media are welcome to attend.

Australian Thoroughbred

Brian Russell Bloodstock Media Service



A view of the Yiqi International racing complex established by the China Horse Club at Ordos City, Inner Mongolia.

Scone bred star of Inner Mongolian racing

HALES, a 2009 foaled Haradasun gelding bred by D C and Madelaine Koureas of Scone using Zarissa, a Zabeel mare disposed of in 2012 for \$1000 and now deceased, on August 20 won the feature race, the Chinese Equine Cultural Festival (CECF) North Dakota Classic (2000m) at the futuristic Yiqi racecourse at Ordos in the northern China region known as Inner Mongolia. The North Dakota appendage in

the name of the event honours an Ireland sired son of Galileo out of a Mr. Prospector mare related to Danehill who won China Triple Crown and who is now their feature stallion in their emerging breeding industry.

The North Dakota appendage in the name of the event honours an Ireland sired son of Galileo out of a Mr. Prospector mare related to Danehill who won China Triple Crown and who is now their feature stallion in their emerging breeding industry. The race day, a four event

program, was the sixth annual 'international' meeting conducted under the banner of the China Horse Club, during the Annual Equine Cultural Festival. Televised to an estimated two million viewers, the meeting attracted an on track crowd of 16,000, including China Horse Club guests from Australia, Peter Orton (Vinery Stud), Henry Field (Newgate Farm), Bruce Neil (Cressfield), Jonathan Darcy (Inglis), James Dawson (Magic Millions), Paul Galway (UBS Melbourne) and Paul Carrozza (industry taxation authority), plus Andrew Seabrook (NZ Bloodstock).

Headed by Teo Ah Khing, a Malaysian born son of Chinese parents who is a self-made billionaire, the China Horse Club is an international syndicate owned operation which, although it only started racing in 2013, has become a major player in breeding and racing around the world, including a big input in Australia. This year they purchased Snitzel colts for \$1million (Sydney) and \$925,000 (Gold Coast in partnership with Newgate Farm, Hunter Valley and Winstar Farm Kentucky) and are already prominent owners here,

including racing in a syndicate ownership AJC Sires' Produce Stakes winners Pride of Dubai (by Street Cry; also won the Blue Diamond) and Invader (by Snitzel).

In addition, they recently added to their already extensive Australian broodmare band by acquiring 13 quality mares at the Magic Millions National Sale at the Gold Coast, including 2013 foaled Nurse Kitchen (Savabeel G1 winner, \$1,700,000) and Inspired Estelle (a Manhattan Rain half-sister to Lankan Rupee; \$925,000).

All told China Horse Club owned horses have won in eight countries, China, Australia, Singapore, Great Britain, Ireland, France, Italy and the United States. At the head of their honour board is Abel Tasman, a daughter of Quality Road (Elusive Quality- Kobla, by exported Australian Strawberry Road) likely to claim the American Champion 3YO Filly title of 2017. She has won three Group1s this year, the Kentucky Oaks, Coaching Club American Oaks and Acorn Stakes.

The China Horse Club is leading in an uphill battle to improve the status of racing in China, currently hamstrung by the refusal of the Government to

allow betting.

The success of the Equine Festival could stimulate more favourable support.

A striking example of the thoroughbred lottery

ONE of the most striking examples of the lottery of breeding and racing has been Sunday Silence, 'The Star No One Wanted.' Born on March 25, 1986 at the Stone Farm, Kentucky, one run by Arthur B.Hancock, son of the legendary Arthur 'Bull' Hancock of nearby Claiborne Farm, the dark bay colt that was to become Sunday Silence dodged death from an infection as a weanling and reportedly was a weedy foal who didn't want to walk at the yearling sale and was a bit of a handler.

As he did not make he his yearling reserve, they tried to get rid of him six months later at the 2-year-old sales. Lack of interest saw Hancock and his partners buy him back at \$32,000. Put into work, their ugly duckling won one modest race, albeit by ten lengths, in three outings at two, but matured dramatically before commencing a campaign at three that saw him the superstar of his generation. "The hind legs did not look much, but boy could they move."

He ended up with nine wins and nearly \$5million from 14 outings, including at three the Kentucky Derby, Preakness Stakes, Santa Anita Derby, Super Derby, San Felipe Stakes and Breeders' Cup Classic. These efforts saw him endorsed as the Horse of the Year and champion 3yo. In 1996 he was inducted into the American Hall of Fame.

"Despite his racing exploits, his modest pedigree and poor conformation saw little interest in standing Sunday Silence at stud in America and he was exported to Japan. He found his perfect gene pool and thrived."

Sunday Silence's pedigree, one in which the nearest inbreeding is a 4x5 to English Derby winner and influential sire Mahmoud, saw him by a good sire in Halo, a close relation to Northern Dancer and from the immediate family of Danehill. However, although Sunday Silence's dam Wishing Well was a very good performer, winning 12 races to Group 2, her other three winners were low grade, her sire Understanding was mid road and her first four dams failed to win, produce anything of consequence and were by little known. The saving grace is that it is the famous Cinna family.

Detailed saleyard report



Saleyard report - cattle

Singleton Report date 20/9/17

(Comparison Date 13/9/17) Yarding 701 Change +71

Numbers lifted and the quality remained mixed, with the dry seasonal conditions affecting the fat score on some classes of cattle. The bulk was younger drafts, with the majority suitable for the restocker orders and very few export lots in the pens. The usual buyers competed, with any well-bred younger steers selling to strong competition, while the plainer lines struggled to find buyers. The over 200kg vealer steers returning to the paddock were represented with greater numbers of the popular breeds and these pushed prices higher. The better end sold up around the 330c to 348c range while the overall average was 303c/kg. The same weight heifer portion also to restocker orders lost 5c, making from 210c to 284c/kg. Yearling steers trended 11c cheaper, ranging from 204c to 270c/kg to the restocker orders. Prime conditioned younger cattle to the butchers sold well if yield and age was satisfactory; however the heavier end again struggled to maintain firm prices. The best reached 338c/kg. The heavy weight grown steers and bullocks to slaughter sold from 230c to 250c/kg. Cows sold 5c cheaper, the plainer medium weights averaged 168c, while better covered heavy weights topped at 208c/kg.

Score report date 19/9/17

(Comparison Date 12/9/17) Yarding 1360 Change -460

Although the seasonal conditions remain dry, numbers dropped and the quality remained mixed. The bulk entered the younger categories and was suitable for the restocker and lot feeder orders. There was a better selection of prime younger cattle suitable for the butchers this week, with around 140 cows in the penning. The usual orders competed, with the lighter cattle trending dearer, while the yearlings sold at cheaper prices. Export cattle also sold to stronger competition.

The over 200kg vealer steers returning to the paddock averaged 11c dearer, making from 238c to 348c/kg, depending on breed. The same weight heifer portion sold slightly dearer for the better end, however breed and quality bought the average price back to be a shade cheaper. Prices ranged from 220c to 304c/kg. The yearling steers to the restockers and feeder orders trended 5c to 12c cheaper, with the medium weights ranging from 216c to 270c/kg. Yearling heifers were affordable and slipped 10c, with those to feed making from 238c to 275c/kg. The prime conditioned younger cattle to the butchers were higher yielding and prices lifted accordingly, with the best vealer at 330c/kg. Grown steers to slaughter gained 5c, as those to the lot feeders improved 8c, with the best making up to 270c/kg. The heifer portion also lifted 8c, to top at 262c/kg. The plainer lighter cows struggled to remain firm, with the 2 scores selling 10c cheaper to average 179c/kg. The better covered heavy weights remained firm and sold from 200c to 230c/kg.

TRLX Tamworth report date 18/9/17

(Comparison Date 11/9/17) Yarding 1260 Change -495

After the large increase at last week's sale 1260 cattle were yarded, back by 495 head. Yearlings made up 3/4 of the offering with a fair selection of grown steers and cows. Quality and condition was mostly good with large numbers having had access to oats crops. The full field of regular buyers were in attendance.

Demand for feeder and trade young cattle was solid however showed signs of waning for those destined for paddocks. There was little change in market trends for yearlings to feed and those going to the trade. The medium and heavy feeders, both steers and heifers saw a firm to slightly cheaper market trend. Some of the medium weight yearling heifers showing more fat cover were cheaper, less scope for strong weight gains before breaking fat cover specifications. Light weight yearlings to restockers sold to a cheaper trend with limited competition. Well finished heavy grown steers and heifers saw a firm to slightly cheaper trend. The best of the heavy weight cows remained firm with the well finished medium weights slightly cheaper. Plain condition cows remained firm with an improvement in quality.



ROYAL FEDERAL HOTEL

GIG GUIDE

October

FREE LIVE MUSIC

FRI 06 THE JAY SEENY BAND

SAT 07 SECRET SOCIETY

FRI 13 HUMMINGBIRDS

SAT 14 CRAWFISH STEW

FRI 20 MISBEHAVE

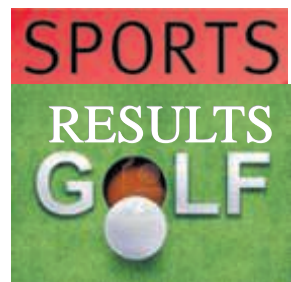
SAT 21 WHISKEY BUSINESS

FRI 27 ALIAS

SAT 28 SPARE CASH

50 MAITLAND RD BRANXTON P: 49381335





Branxton Veteran Golfers Results 14-9-17 Stableford

Div 1 Winner P Anderson 26 pts (c/b) R/u E Munzenberger 26 pts (c/b) 3rd R Crooks 26 pts
 Div 2 Winner G Scobie 30 pts (c/b) (SOD) R/u B Turner 30 pts 3rd R Yandle 29 pts
 Ladies - Insufficient numbers to form a division
 NTPs Ladies M. Hunt Gents G. Scobie
 Members draw - Not won
 Well!! Fellow veteran players, it seems that Spring’s roller coaster weather is really with us. One day shorts and thongs and the next anoraks and ugg boots. The day started off well enough, with a good shower to lay the dust, which moved on before play, however, the wind did not fade and remained with us until completion of play. Congratulations to Graeme Scobie on winning his division qand achieving the ‘Score of the Day’. Well done to all other winners and placegetters

Results 21-9-17

Stableford - ‘2 Ball Best Ball’

1st L Hunt and M Hunt 39 pts
 2nd R Crooks and G Wilton 38 pts
 3rd E Munzenberger and P Anderson 37 pts
 4th T Martin and Colin Parker 36 pts
 5th A Hackett and R Hain 35 pts
 NTPs Ladies M Hunt Gents C Parker
 Members draw - Not won
 A glorious Spring day greeted the 34 players who gathered for a round of golf. Warm balmy weather remained with the players until the round was completed, with quite a tussle between the top five placings. Congratulations to Lee and Margaret Hunt on winning the event and a well done to all placegetters.

Results 22-9-17

“Away Day” to Hawks Nest

1st R Yandle 39 pts
 2nd R McMillan 37 pts (c/b)
 3rd R Hain 37 pts
 4th J Atton 36 pts
 5th R Crooks 34 pts
 A keen group of players gathered for a round of golf at Hawks Nest Golf Course, which was in wonderful condition. A perfect day for golf, with balmy sea breezes and sunshine. Congratulations to Roger Yandle on winning the event. A well done to the placegetters.
 LN Bootes, Hon Sec

Branxton Lady Golfers

Results of the Stableford Event held Wednesday 13th September.

Winner: Kerrie O’Connell with 39 points
 Runner-up: Carol Miller with 35 points on count back from Trish McMillan
 Nearest to the pin: Kerrie O’Connell
 A Birdie to Caren Caldwell and two gobblers to Carol Miller on the 12th and 17th.

Results of the Stableford Event held Wednesday 20th September.

Winner: Trish McMillian with 38 points. Runner Up: Kerrie O’Connell with 36 points
 Nearest to the pin: Kerrie O’Connell
 A Birdie to Caren Caldwell on the 7th and a gobbler to Kerrie O’Connell on the 12th.

BRANXTON GOLF CLUB SAT 9TH SEPT 2BBB STABLEFORD + SINGLE IN CONJUNCTION

2BBB WINNERS Lenny Porter/ Mick Lutovac 45 pts
 2BBB 2ND PLACE Richard Turnbull/ Steve Ross 43 pts c/b
 2BBB 3RD PLACE Ted Zawirski/ Josh Willard 43 pts /cb
 2BBB 4TH PLACE Tyler Loadsmen/ Kim Howard 43pts
 SINGLE WINNER Kevin Walton 38 pts
 SINGLE 2ND PLACE Josh Willard 36 pts
 SINGLE 3RD PLACE Peter Marquett 35 pts

BALL COMP 25 pts c/b NTPs

Saturday’s 2BBB competition again proved to be quite a struggle for all golfers who are still coming to grips with the recently cored greens. Lennie Porter and Mick Lutovac combined very well to win the pairs competition with their 45 pts, 2 pts clear of runners up Richard Turnbull and Steve Ross with 43 pts. Ted Zawirski/ Josh Willard/ Tyler Loadsmen and Kim Howard finished with the same scores to fill in the minor placings. Kevin “Doc” Walton was the only player to play better than his handicap with his 38 pts. Josh Willard completed a good day finishing second with 36 pts, whilst Peter Marquett’s 35 pts was good enough for third. The course difficulty was really emphasized with the ball competition going as low as 25 pts. Doc’s playing partners were very complimentary of his play as he hit the middle of all the fairways all day, although Doc wasn’t so impressed with the play of his partners—they do enjoy each other’s company giving them the right to “rip each other off!!”. Doc also dedicated his victory to Mick Armstrong who only passed away last week, recognizing a win for the battlers. The shot of the day belonged to J.Davey on the 2nd/11th which finished only 89 cms away. The final of the 5 Skins was played on Sunday with local junior, Riley McClung finishing ahead of the others with a total of \$255; Barry Turner won \$115 after playing the best 9 holes of his life to make things very difficult for his competitors; Lee Heuston won \$90 (he needed a birdie to win the 11th hole), with Peter Matthews winning \$20—then shouting some drinks to the others at the end—what a champion! The Twilight Competition begins next Wednesday starting at 4.00 pm—it will convert to 4.30 pm when daylight saving starts. Finally, the Holden Scramble will be held next Sunday—there are still a few spots left –anyone interested only needs to ring the pro shop.

BRANXTON GOLF CLUB SAT 16TH SEPT STABLEFORD

| | |
|--|--------------------|
| A GRADE 1 ST PTS C/B | MICK SIMPSON 38 |
| A GRADE 2 ND | DAVID MATT 38 PTS |
| A GRADE 3 RD | TROY MCCAW 37 PTS |
| A GRADE 1 ST | PAUL BUSH 36 PTS |
| B GRADE 2 ND GER 33 PTS C/B | ERROL MUNZENBER- |
| B GRADE 3 RD PTS | DARREN GILROY 33 |
| C GRADE 1 ST 37 PTS | RICHARD TURNBULL |
| C GRADE 2 ND | JOHN MARTIN 36 PTS |
| C GRADE 3 RD PTS | LESTER BOOTES 34 |

BALL COMP 30 PTS

Ntpins: 2nd/11th: R.Bensley 89 cms 4th: David Matt: 141 cms 9th/18th: Mick Simpson 60 cms 13th: Gary Walsh 275 cms
 Saturday’s strong north westerly winds made golf very difficult once again at the Royal Branxton Golf Course. Only 30 pts was needed to win a ball with the “capped” DSR once again being a nett 71. Mick Simpson played beautifully on the back nine with a par score, to win the A Grade Stableford with 38 pts. He finished his round with a fantastic shot to the last, finishing only 60 cms away to win the nearest the pin, win the A Grade on a countback from David Matt and to win his pairs knockout match one up—it was certainly a shot to remember. Troy McCaw finished third with a very pleasing 37 pts. Paul Bush won B Grade with his excellent 36 pts, finishing well clear of runners up Errol Munzenberger and Darren Gilroy with 33 pts. Richard Turnbull produced a very consistent round to win C Grade with his 37 pts, a round which included a fine “flushed” shot to the ninth, just over 2 metres away. John Martin was second with his 36 pts with our super veteran, Lester Bootes, third with 34 pts. R.Bensley’s shot to the 2nd/11th was close to the shot of the day, being less than a metre away on a day where the strong winds made it very difficult to hit this postage stamp sized green. A full field enjoyed excellent conditions on Sunday to play the qualifying round of the Holden Scramble, a 4 person Ambrose event. The final results can be found on the Holden Scramble website.

Hunter Valley Golf Club Hunter Valley Open Day Irish

| | |
|------------------|-----------------------------------|
| J Davey 89cm | 2 nd /11 th |
| C Zawirski 245cm | 4 th |
| J Willard 370cm | 9 th /18 th |
| T McCaw 166cm | 13 th |

4Ball results held Sunday 10th

September: A strong field of members and visitors took part in this years Open Day on an excellent day to play golf. 1st to the team of Bruick,Cresserly,Johns and Anderson 97, 2nd Dale Macklinshaw, Ray Hodson, Paul Bullock and Ray Newton 90, 3rd John Tancred, Ken Blackett, Ian Kingee and Steve Pegler 87, 4th Blake Pautz, Darren Munroe, R Ramos and P Woodbine 86 and 5th Jim Warland, Michael Warland, Rhett Hann and Dominic Eve 86 points. Ball Winners: Christine Tancred Mick O’Rouke, Trent Brennan and Sharon Blackett 85, Heinz Kestermann, Allan Dunn, Ray Stout and Helen Vandenberggen 85, Sue Williams, Leesa Robinson, Toby George and Rod Williams 85, Paul Monaghan, Watson, Bishop and Steadman 84, Max Holz, C Norman, Phil Ledgerwood and K Thornton 84 and Rachel Boton, Jay Bolton, Justin Holbrook and PaulLangton 84. Nearest-the-Pins: Jill Slatter (3rd & 17th) Troy Wallis (4th) and Rod Williams (10th) Straight Drive: Ladies: Rachel Bolton Men: Toby George 100 club winners : Paul Monaghan and Michelle Levitt The Committee would like to thank the Hunter Valley GC Proshop, Hunter Valley Greens Staff, Lovedale Brewery, Cypress Lakes GC Proshop, Midnight Promise winery,Sovereign Hill winery and Christine Tancred for their support for this event.

Sunday 10th September The Weekly Challenge has been won by Chris Ford from Kurri GC with an even Par 36 from his +1 handicap from Anthony Lucas, also from Kurri GC with 33 points.

Tuesday 12th September Nick Wilson has won the Tuesday Stableford with a solid 39 point round from Dan Taylor 38 and Steven Abel with 37 on countback in 3rd. Ball winners were: Michael Watson 37, Ray Newton 37, Dale Macklinshaw 36, Jason Varley v35, Paul Smith 35, Blake Rourke 34, Drew Dewar 34, Ian Newell 34, Mark Barrow 34, Peter Wilson 33 and Gary Arnold 33. Nearest-the-Pins went to Ray Newton (3rd) Steven Abel (4th) Jason Varley (8th) Dan Taylor (10th) and David Peel (17th)

Wednesday 13th September Dale Hamilton has taken out the Ladies 2017 Championship by a clear margin. B Grade went to Pam Snaddon and C Grade to Robyn Dunlop. Sue Williams won the 54 hole over the field Net title with Jill Slatter winning A Grade Net, Jenelle Jurd B Grade Net and Kay Dunn C Grade Net. The daily winners were Jill Slatter 68 net from Sue Peel 71 and Robyn Dunlop 3rd with 73 net. Ball winners were: Mary Fortey 77, Julie Van Den Berg 78, Kay Dunn 79, Sue Williams 79. Dale Hamilton 82, Melita Watson 82, Jan Hovey 82 and Lynette Russell 83. Nearest-the-Pins went to Robyn Dunlop (3rd) and Dale Hamilton (10th & 17th) .The Club would like to congratulate all of the winners and all who took part in this years Championship. Next week the Ladies will play a Stableford Multiplier

Thursday 14th September All placings were decided by countback in the Vets Bisque Par event after 5 players returned +6 with John Harrison getting the nod from Peter Attewell with Hienz Kestermann 3rd. Ball winners were Eric Smith +6, Doug Wand +6, Maurice Peters +5, Geoff Sweetman +5, Ian Newell +5, Wayne Berry +5, Darrell Preston +4, Greg Amlöh +4, John Stewart +3, John Pascoe +3, Garry Clarke +3, David Peel +3, Garry Hedges +3 and Ray Hodson +2 c/b. Nearest-the-Pins went to Bruce Chambers (3rd & 4th) and David Peel (10th). Next week the Vets will play 2 Person No Scotch with an 8am Shotgun start.

Saturday 16th September The strong wind prevailing on Saturday did little to some of the field who handing in great scores. A Grade to Matthew Delforce with 37 points from Steve Piggot 35, B Grade to Justin Lawrence with ‘round of the day’ 42 points from Wayne Thompson 39 and C Grade to Clarke Sturman with 41 from Maitland GC visitor Luke Winkelman with 39 points. Ball winners were: Bruce Chambers 36, Garry Hedges 36, Anthony Bower 35, Lachlan Macpherson 34, Adrian Kent 34, Ken Springbett 34, Greg Ireland 34, Ian Newell 34, Don Bradley 34, Paul Bullock 33, Julie Van Den Berg 33, Wayne Cowan 33, Ray Hodson 33 and Graeme Flynn 33 on countback. Nearest-the-Pins went to David Peel (3rd & 8th) Wayne Thompson (4th) John Stewart (10th) and Julie Van Den Burg (17th).

Local sports results kindly sponsored by

Branxton & Vineyards Real Estate

4938 3300

Do you want Thighs with that?

I am passionate about helping you achieve your health and fitness goals. I see SO many people frustrated that as they get older they no longer have the level of fitness they had when they were younger!

Exercise should not be a chore!

It is something you do to make yourself feel good, to maintain your body. If you treat your body well, it will last you for years. Go into these challenges with the intention of doing something good for yourself, with the purpose of treating yourself well, or with looking for a way to get more out of life. Then you will be successful.

I have so many people tell me that they want to tone up their “inner thighs”. It is hard to “spot reduce” one area of your body, and most of the lower body exercises we do in class will help you strengthen your inner thighs as well as other muscles in your legs. But the exercises below will put more emphasis on your inner thighs.

What are the muscles in my inner thigh and what do they do?

Your inner thighs are made up of several muscles, including the adductor muscles, which work together to move your legs toward the midline of your body. ... Strengthening your inner thigh muscles can also help reduce knee and hip pain. This is because the inner thigh muscles are responsible for stabilizing the outward rotation of your knee, and also play a key role in hip flexion and extension.

Finally your inner thigh muscles all attach to your pelvis and play a role in core stability. If you have strong outer thigh muscles and weak inner thigh muscles, you will be less stable and this could cause lower back injuries.

So how do I improve the strength of my inner thighs?

Start by doing the exercises included here once every other day. As you get stronger and more confident with these exercises, you can do two or three sets each day. Your inner thighs WILL get stronger if you stick with this.

Note though that you can have strong inner thigh muscles but if they are covered in fat no one will ever see how strong they are! So an important part of toning and strengthening your muscles is also losing fat. Pair these exercises with a cardio workout and you will burn calories at the same time as you strengthen your muscles. The cardio workout does not have to be high impact, but it can be high intensity – something that gets your heart rate up into a fat burning zone

Exercise descriptions

The number of repetitions are guides only, if you want to do more, then please do! Remember though. More is not always better. You want to feel like you have worked your inner thighs, but not to the point that you are not able to function! It is also important to understand that rest between the exercises is important. Rest days help your muscles recover – that is why it is common practice to work your lower body one day and your upper body the next day.

Plie “Squats” – Standing upright, move your feet so that you are in the classic ‘plie’ position – toes pointing out, core strong and stance as wide as you can while still properly executing the move (aim for shoulder width).

Keeping your pelvis straight and upper body straight (this is not a squat per se, you are not sitting back), lower your body until your thighs are close to or at parallel with the floor. Don't force it. Return to the starting position.

If you need to, lightly hold onto a chair or a railing.

Adductor Squat with Kettlebell – If you don’t have a Kettlebell, you can hold a dumbbell by its end, or fill a back pack with heavy books.

Start standing and take an excessively wide stance. The more your feet are apart, the more you activate your glute muscles and not your quads (front of thighs).

Point your feet to 45 degrees away from your body. Holding the kettlebell by the handle in front of you (arms should be relaxed down in front of you and not flexed), with your core engaged and your back straight, bend your knees and send your hips backwards, lowering your body and the kettlebell as far as you can without changing your posture. Keep your knees in line with your toes. Try to get the weight all the way to the ground without actually allowing it to touch the ground. Return to your starting position, squeezing your glutes at the top of the movement.

Clams – Lie on your side on the floor with your legs together, knees bent and with your head, shoulders, bottom and heels touching the floor (your head can rest on the arm that’s under you).

Open your top knee towards the ceiling to full rotation while keeping the heels together (they should be touching).

Repeat up and down for the set number of reps.

To make this a little harder, repeat the exercise but begin with both heels lifted to the level of your top hip. Remember to maintain heel connection as this keeps the glute muscles working.

Swap sides. If you start to feel this exercise in the side of your hip, you are getting tired and you need to swap sides.

Inner Thigh Leg Lifts – Lying on your side, lengthen your bottom leg and cross your top leg over it so the top leg is lying at 90 degrees. Rest either your knee or foot of the top leg on the floor. Prop your head up with your hand, or rest your head on your arm. As you exhale, lift your bottom leg up, and inhale as you lower it back down. Your rest of your body should stay still while you do this. Do the set number of reps, then repeat on the other side.

Narrow squats – The ability to squat well is essential in many activities, and it's a great exercise for shaping and toning almost every muscle in your lower body. Engage your core. Stand with your feet and knees together, about 30 centimetres in front of a bench or chair. Imagine you have a \$50 note between your knees and you don’t want it to blow away! Lower yourself as though you are going to sit down, but instead of sitting down, come back up. Put your weight in your heels rather than your toes. Come back to standing. Hinge at the hips. Your bottom is reaching behind you, but your upper body is leaning forward. Over time you should be able to lower your hips so your upper legs are parallel with the ground or lower. You should not feel any pain in your knees.

If you want to make this harder add in a dumb bell shoulder press.

Scissor Kicks – Start by standing with your feet shoulder width apart, and extend your arms straight out to either side with palms facing down. Jump and cross your right arm over your left and your right foot over your left. Jump back to the starting position, then cross with the opposite arm and foot. This counts as one rep. Continue alternating sides and repeating this movement until you complete the set number of reps. Keep going as fast as you can and don’t too much time for recovery between jumps; this way you’ll be sure to keep your heart rate up and work your whole body.

What else is happening at Louise Cairns Fit for Life?

Last weekend Louise took part in the Sydney Running Festival by doing the half marathon (21.1km) in a Personal Best time of 2 hours and 4 minutes. We are half way through the Bring on Sunshine and Spring 6 Week Challenge. The Next challenge will begin in late October and will be an 8 week challenge taking you right through to Christmas (can you believe it?!).

About Louise

Louise Cairns is a Personal Trainer and Life Coach based in Branxton. Louise runs regular fitness classes at Lochinvar and Branxton, as well as PT sessions in Branxton and Kurri Kurri. Louise also helps Executives and Managers set and achieve their own goals at work and home, and is available for work shops and speaking engagements (they can be related to Fitness or Personal Development). Find me on Facebook or check out my website at www.louise Cairns.com.au

| Exercise | Beginner Level | Intermediate (2-3 sets) | Advanced Level (x 3 sets) |
|--------------------------------|-----------------|-------------------------|---------------------------|
| Plie “Squats” | 10-12 | 12-15 | 12-15 |
| Adductor Squat with Kettlebell | 6-8 ** | 8-10 | 10-12 |
| Clams | 5-6 (each side) | 7-8 (each side) | 8-10 (each side) |
| Side Leg Lifts | 5-6 (each side) | 7-8 (each side) | 8-10 (each side) |
| Inner thigh leg lift | 5-6 (each side) | 7-8 (each side) | 8-10 (each side) |
| Narrow Squat | 6-8 | 8-10 | 10-12 |
| Scissor kicks* | 20 | 40 | 60 |
| Hip bridge with knees together | 6-8 | 8-10 | 10-12 |

* There is no low impact version of this exercise. ** you can do this without the weight if you prefer

BRANXTON GRETA VINEYARDS

The NewSPORT



Greyhound Racing...



Local Report

with Sam

took the lead around the first turn and held of the challengers down the home straight to win in a good time of 25.20. If he can step up to the 520m at Wentworth Park the Kedwells could be in for a very merry Xmas. Mad Manalishi has now had six litters, the first

their greyhound complex and it is great to see them reaping some reward.

PORTER PICKS UP PRIZEMONEY
James Porter has had a good start to the spring with eight winners, STEVE THE PIRATE, NINGHAN EXPRESS and JERRY CAN (twice)) winning at The Gardens, STEVE THE PIRATE backed up the following week to win at Gosford whilst NINGHAN EXPRESS went on to win two at Wentworth Park, his second win at \$41. NEW ENGLAND also enjoyed success at Wentworth Park. If the prizemoney from the dogs slows down, James can fall back on the horse he part owns, YANKEE ROSE. She has had four wins, ran 2nd in the Golden Slipper (Aust. richest 2yr old race) and 3rd behind the almighty WINX in the Cox Plate (Aust. richest W.F.A. race) She was a great investment, purchased for \$10,000 and her prizemoney is in excess of 2 million dollars. She was nominated for this years Caulfield Cup, Cox Plate and Melbourne Cup but unfortunately injury has put her racing future in doubt, she'll make a good broodmare when she heads to the breeding barn.

GRETA G.B.O.T.A

Our next meeting has been put back to **SUNDAY 8TH OCTOBER 7PM** at **GRETA WORKERS CLUB**. Greyhound participants thinking of joining should come along and see what they have been missing. The meeting was moved from the 1st so we could watch the **COWBOYS** beat the **STORM** in the **NRL GRAND FINAL**.

SEE YA AT THE TRACK: SAM

to BIT CHILLI produced JOHN'S JOY the winner of seven races. The second litter to EL GRAND SENOR was very successful resulting in sixty four wins, the star quartet being ATRAX ROBUST (12 wins) KARMA CONNIE (16 wins) KYANOS (16 wins) and MAXIMUM ENTROPY (15 wins). The third litter to QUICKLEE TOMMY only came up with two winners, QUICKLEE BAZZ (1 win) and QUICKLEE CASSIE (5 wins) so it was obvious her next litter should be EL GRAND SENOR. This fourth litter is showing plenty of promise with RED ONES and his litter mates DOUBLE KARMA, KYLE'S REVENGE, SCOTT NO IDEA and SCOTT NOTHING having won eighteen races and a lot more to come. Litter five to KINLOCH BRAE are trialling well (one in particular) and should hit the tracks before Christmas. Sahah is currently at home nursing her latest litter to MAGIC SPRITE, whelped three weeks ago. She has knocked back offers from James Packer and Gina Rinehart for this latest litter. Chris and Sahah have put a lot of money and hard yacker into



Proud trainer Chis Kedwell, with RED ONES, enjoys victory with dad Garry and brother Scott ©

RED HOT ONE

On a beautiful autumn morning in 2015, Singleton's number one vet Fergus Hay delivered a litter of 8 pups by EL GRAND SENOR out of MAD MANILISHI for Chris and Sarah Kedwell. Sarah immediately fell in love with a fawn dog she called RUSTY. Chris now races RUSTY under the name of RED ONES. Chris' dad Garry had a handy blue dog called HOT ONE'S, the winner of thirteen races and placed on a dozen occasions. Sarah had a feeling RUSTY could be red hot and have more success than HOT ONE'S and came up with the name RED ONES. In April he had his first start at Maitland in a performance trial over 400m winning by 1.5 lengths, he has since had 9 starts at Maitland over the same trip for 6 wins, 2 seconds and a third. His last win over the 400m was very impressive winning the Easts Les Darcy Cup final by six lengths in the time of 22.60. It was time to step up so Chris entered him at Maitland last Thursday, this time over 450m. RED ONES was second away from box 3 but



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Contact Details for The Branxton Greta Vineyards News:- Ph: 4938 1773 Fax: 4938 3301 Email: thenews@hotmail.net.au Address: 12 Clift Street, Branxton 2335